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With a strong background in data analysis and a passion for evidence-based solutions, I strive to contribute to the development of effective strategies that address the challenges faced by the agricultural sector. I am always eager to collaborate with like-minded professionals to drive meaningful change in the field of Economics. My work involves analyzing economic trends and policies to promote sustainable agricultural practices and improve the livelihoods of farmers.

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## **Work Experience**

- Assistant Professor- Central University of Jammu, Jammu - September 2024 to present
  - Consultant Economist- NABARD Consultancy services, New Delhi -June 2023 to April 2024
  - Assistant Professor- Central University of Jammu, Jammu -August 2022 to June 2023
  - Assistant Professor- DAV, Sec-10, Chandigarh -July 2016 to January 2017
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## **Research Experience**

**Research Project at NABARD Consultancy Service Ltd. titled "Status of Credit Flow and Credit Absorption Capacity in Central, Eastern, and North-Eastern Regions."**

The report involved conducting Key Informant Interviews and Focused Group Discussions to evaluate region-wise credit flow and credit absorption study, the convergence in PLPs and ACPs, identify enabling factors in high ACP achievement districts, assess supply-side challenges, and investigate the primary causes of low credit uptake.

## **Research Paper(s) Publication /Presentation**

- Research paper publication in International Journal for Multidimensional Research Perspectives, a peer reviewed journal titled "An In-depth Investigation of Marketing, Economic, Factor-Input and R&D Constraints in Organic Farming for Sustainable Production" in March 2024
- Research paper publication in Empirical Economics Letters, an ABDC Listed journal on the topic "Resource Use Efficiency and Cost-Benefit Analysis of Organic vis-à-vis Inorganic Wheat in Punjab" in September 2021.
- Research paper publication in Journal of Emerging Technologies and Innovation Research, an open access journal on the topic "Green Revolution: A Bane in Disguise" in November 2018.
- Research paper presentation on Comparative Economic Analysis of Organic and Chemical Paddy Cultivation in Punjab at National conference on Sustainable Environment: Water-Health-Agriculture-Climate Nexus (SEWHACN-2022) at Central University of Jammu.
- Poster presentation on Economics of Organic Farming in a conference at University of Warwick, United Kingdom; sponsored by Agriculture Economic Society, United Kingdom from 15<sup>th</sup>-17<sup>th</sup> April 2019.
- Research paper presentation on Consumer Awareness, Perception and Attitude Survey with Special Reference to Chandigarh" in ICSSR sponsored seminar at Kurukshetra University held on March 28, 2019.
- Research paper presentation on "Green Revolution: A Bane for Organic Farming" at two-day national seminar on Paradigm Shift in Indian Economy organized by Department of Economics, Deen Dayal Upadhyaya Gorakhpur University on February 9<sup>th</sup>-10<sup>th</sup> 2019.

## Ph.D. Thesis on "Organic Farming in Punjab: A Cost-Benefit Analysis"

The research aimed to assess the status of organic farming in the state, compare socio-economic conditions, analyze the cost-benefit aspects of organic versus chemical farming, and identify the constraints faced by organic farmers. Statistical packages like SPSS, DEAP, MS-Excel, and Mendeley were utilized for data analysis. The study involved an extensive primary field survey across four districts of Punjab, encompassing both rural and urban areas.

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### Education

- Ph.D., Centre for Research in Rural and Industrial Development (CRRID), Panjab University, Chandigarh
  - UGC – NET-JRF (July 2016)
  - UGC-NET (June 2015 and December 2015)
  - Master of Arts (M.A) Economics, Department of Economics, Punjab University, Chandigarh (2013- 2015)
  - Bachelor of Science (Economics), Symbiosis International University, Pune (2009-2012)
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### Achievements

- Granted Senior Research Fellowship and Junior Research Fellowship for Ph. D by University Grant Commission
  - NSE's certification in financial markets
    - Beginners Module with 80%.
    - Capital Market Module with 70.25%.
    - Derivative Market Module with 75.75%.
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