

## **Course File**

**Name of Faculty: Fateh Lal Bheel**

**Name of Course: Family and Geriatric Social Work**

**Course Code: MSOWIO004T**

**Semester: M.A. Social Work Semester 1st**

**Academic Year: 2023-2024**

## **Syllabus**

### **Unit -1. Concept and Approaches**

Family: Importance, Functions, Types of Families, Structure  
Stages of Family Life Families in Transition Family Dynamics  
Family Systems theory

### **Unit II: Family Social Work**

Family Problems and Disorganization  
Family Case work  
Family Life Education  
Home Management  
Life-Work Imbalance Affecting Family Life  
Family Courts and Counseling  
Therapies: Family Therapy, Narrative, Experiential and Structural  
Family Therapy

### **Unit III: Family Welfare Programs in India**

Population Education, Family Planning Objectives, Mechanisms  
and Processes Involved National Family Welfare Programme  
(1951)  
Family Welfare Schemes: ICDS, PDS

### **Unit IV: Understanding Old Age**

Defining Old Age: Developmental, Biological and Cultural  
Perspectives  
Psychological and Sociological Theories of Ageing  
Understanding Concepts: Geriatrics and Palliative Care  
Initiative of Development Sector for Elderly (Help Age India, Age  
Well Foundation, etc.)

## **Unit V: Safeguards for older persons**

Demography of the Aged in India and Related Issues Family and  
Community Caregiving for Older Persons

Social Work Practice for Active Aging and Well-Being

Constitutional and Legal Provisions Welfare Programs: Schemes  
and Institutions for Older Persons Teaching - learning process



जम्मू केंद्रीय विश्वविद्यालय  
Central University of Jammu

परिणाम अधिसूचना सं/ Result Notification No. 74 of 2024  
Master Degree Programme : Social Work  
REGULAR

It is hereby notified for the information of all the concerned that the Result of the candidates who appeared in Master Degree Programme : Social Work . Sem : I Examination held in December, 2024 is declared as under .

क्रमांक/ Serial No.	अनुक्रमांक/ Roll No	नाम / Name	पिता का नाम / Father's Name	परिणाम / Result	SGPA	Remarks
1	24MSOW01	AKSHAY PRASAD A	PRASAD A	PASSED	6.17	PASSED
2	24MSOW02	ANUNANDA B S	BABU M E	PASSED	6.50	PASSED
3	24MSOW03	D TEJA PRASANNA RAO	D VENKAT RAO / डी वेंकट राव	REAPPEAR	0.00	Back In - MSOW1C001F USOW00003T USOW00005T MSOW1C010T MSOW1C009T
4	24MSOW04	DEVIRAG SHAJI	SHAJI K C	PASSED	6.50	PASSED
5	24MSOW06	JISHNU MOHANAN	MOHANAN	PASSED	6.17	PASSED
6	24MSOW07	MOHAMMED SWALIH	ABDURASHEED	REAPPEAR	0.00	Back In - MSOW1C001F USOW00003T USOW00005T MSOW1C010T MSOW1C009T
7	24MSOW08	MUHAMMED SHIHAL M	NAZER	PASSED	6.17	PASSED
8	24MSOW09	MUHAMMED RABEEH	ABDU RAHMAN	PASSED	6.33	PASSED
9	24MSOW10	MUHAMMED SHUHAIL M	ABDULLA	PASSED	6.00	PASSED
10	24MSOW11	NANDHANA K	RAGHAVAN K	PASSED	6.00	PASSED
11	24MSOW12	NIVED P	PRAKASHAN	PASSED	6.50	PASSED
12	24MSOW13	NIVEDITHA P	PRAKASAN	PASSED	6.50	PASSED
13	24MSOW14	RIYA SHARMA	MADAN LAL	REAPPEAR	0.00	Back In - USOW00003T MSOW1C010T
14	24MSOW15	SALONI SAMBYAL	DILBAG SINGH	REAPPEAR	0.00	Back In - MSOW1C001F USOW00003T USOW00005T MSOW1C010T MSOW1C009T
15	24MSOW16	SHAMALI VERMA	KEWAL KRISHAN	PASSED	6.50	PASSED
16	24MSOW17	SRAYA S NAIR	SREEJITH P K	PASSED	7.00	PASSED
17	24MSOW18	SURYA NARAYANAN P K	SURENDRAN	PASSED	6.00	PASSED
18	24MSOW19	VAISHNAVI K M	RAJAN K M / Rajan km	PASSED	6.50	PASSED
19	24MSOW20	VISHNUPRIYA P	VALSARAJAN P	PASSED	6.83	PASSED

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<b>Lecture No.</b>	<b>Topics Covered</b>	<b>Status</b>
1	Introduction to Family and Social Work	Achieved
2	Family: Meaning and Importance	Achieved
3	Functions of Family	Achieved
4	Types of Families	Achieved
5	Structure of Family	Achieved
6	Stages of Family Life	Achieved
7	Families in Transition	Achieved
8	Family Dynamics	Achieved
9	Family Systems Theory	Achieved
10	Introduction to Family Social Work	Achieved
11	Family Problems and Disorganization	Achieved
12	Family Case Work	Achieved
13	Family Life Education	Achieved
14	Home Management	Achieved
15	Life-Work Imbalance Affecting Family Life	Achieved
16	Family Courts and Counseling	Achieved
17	Family Therapy	Achieved
18	Narrative and Experiential Therapy	Achieved
19	Structural Family Therapy	Achieved
20	Population Education	Achieved

21	Family Planning: Objectives and Mechanisms	Achieved
22	National Family Welfare Programme (1951)	Achieved
23	Family Welfare Schemes: ICDS and PDS	Achieved
24	Understanding Old Age	Achieved
25	Perspectives of Ageing (Biological, Social, Cultural)	Achieved
26	Psychological and Sociological Theories of Ageing	Achieved
27	Geriatrics and Palliative Care	Achieved
28	NGOs for Elderly (HelpAge India, Age Well Foundation)	Achieved
29	Safeguards: Caregiving, Legal Provisions, Welfare Schemes	Achieved
30	Active Ageing, Social Work Practice + Final Revision	Achieved



## **Stages of Family Life**

The family is a dynamic social institution that changes over time. The concept of stages of family life refers to the different phases a family passes through from its formation to dissolution. Each stage has its own roles, responsibilities, and challenges.

### **Definition**

Stages of Family Life refer to the sequential phases through which a family evolves over time, influenced by biological, social, and cultural factors. These stages help in understanding family roles, relationships, and developmental tasks.

### **Objectives**

The main objectives of studying family life stages are to understand family development and address its needs.

#### **Understanding Family Development**

To study how families grow and change over time.

#### **Identifying Roles and Responsibilities**

To understand the changing roles of family members at different stages.

#### **Addressing Family Needs**

To recognize the social, emotional, and economic needs at each stage.

#### **Managing Transitions**

To help families cope with changes such as marriage, childbirth, and aging.

### **Stages of Family Life**

#### Formation Stage

This stage begins with marriage. It involves adjustment between partners, establishment of roles, and building emotional bonds.

#### Expansion Stage

This stage begins with the birth of children. The family expands, and responsibilities increase. Focus is on child care, upbringing, and socialization.

#### Development Stage

Children grow and attend school. Parents focus on education, discipline, and value formation. Financial and emotional responsibilities are high.

#### Launching Stage

Children become independent and may leave home for education, job, or marriage. Parents experience role changes and reduced responsibilities.

#### Contraction Stage

Also known as the empty nest stage. Children have left home, and the couple adjusts to a smaller family size.

#### Dissolution Stage

This stage begins with retirement and may end with the death of one or both partners. It involves coping with aging, health issues, and emotional adjustments.

### **Scope**

The concept of family life stages applies to various areas of study.

#### Sociological Understanding

Helps in analyzing family as a social institution.

#### Social Work Practice

Useful in providing family counseling and support services.

#### Policy Making

Helps in designing family welfare programs and policies.

### **Importance**

Helps in understanding family dynamics

Assists in managing life transitions effectively

Supports emotional and social well-being

Guides social workers in intervention

### **Conclusion**

The stages of family life provide a framework to understand the changing nature of families. Each stage brings new challenges and opportunities, and understanding them helps in maintaining healthy family relationships and promoting overall well-being

## **Course File**

**Name of Faculty: Fateh Lal Bheel**

**Name of Course: Social Justice and Empowerment**

**Course Code: USOW00008T**

**Semester: M.A. Social Work Semester 2nd**

**Academic Year: 2023-2024**

## **Syllabus**

### **Unit I: Social Justice**

- Conceptual understanding of Justice: Liberty, Equity, Impartiality, Fairness
- Theories of Justice: John Rawls, Robert Nozick, John Stuart Mill
- Social Justice: Concept, Absolute Justice and Relative Justice, Distributive Justice, Retributive Justice and Restorative Justice

### **Unit II: Social Justice and Human Rights**

- Notion and Classification of Rights: Natural, Moral and Legal Rights.
- Human Rights: Concept and Philosophy and Evolution
- Understanding Human Rights Declarations, Treaties and Conventions
- Human Rights and Protection Systems: Role of Supra National Bodies, National Bodies and Non-Governmental Agencies

### **Unit III: Social Justice and Gender**

- Social Construction of Gender, Gender Shaping Institutions,
- Understanding Patriarchy and Theories of Patriarchy
  - First, Second and Third wave of feminism
- Liberal Feminism, Black Feminism

### **Unit IV: Empowerment**

- Rights-Based Approach: Need for Rights-Based Approach, History, Scope, Analysis, Ethical issues involved
- Human Rights Perspective in Social Work Practice: Ethnic Sensitive Practice, Feminist Practice, Child Rights Perspective

## **Unit V: Justice and Empowerment: Indian context**

Human Rights and Marginalized Groups in India ( Children, Women, Dalits, Indigenous Population, Refugees, PWD)

Social Work Practice with Victims of Human Rights Violations: Case Studies Illustrations and deliberation

Idea of Reservations in India

<b>Department of Social Work</b>				
<b>Faculty Name: Fateh Lal Bheel</b>				
<b>Course title: Social Justice and Empowerment</b>				
<b>Credit: 04 Credits</b>				
<b>Sl. No.</b>	<b>Name of Student</b>	<b>Classes Taught</b>	<b>Classes attended by Student</b>	<b>percentage</b>
1	Amana Niswa	46	35	76.1
2	Fiza	46	36	78.3
3	Thoufeer Ijlal	46	40	87
4	Sana	41	29	70.7
5	Christina Rose	46	37	80.4
6	Amna	46	33	71.7
7	Kiran	43	41	95.3
8	Nahna	46	33	71.7
9	Shafaque	46	33	71.7
10	Rabia	46	35	76.1
11	Muhammed Shahin	46	33	71.7
12	Stanzin	46	45	97.8
13	Azim Malik	46	38	82.6
14	Murshida	46	39	84.8
15	Surumi .	46	33	71.7
16	Ajmal	46	35	76.1
17	Praveen	46	36	78.3
18	A.K Ahmed	46	37	80.4
19	Abin	46	35	76.1
20	Thanu	46	35	76.1
21	Bhavya	46	35	76.1
22	Mohammed Sajil	46	39	84.8
23	Fareeda	46	37	80.4



जम्मू केंद्रीय विश्वविद्यालय  
Central University of Jammu  
परिणाम अधिसूचना सं/ Result Notification No. 115 of 2025  
Master Degree Programme : Social Work  
REGULAR

It is hereby notified for the information of all the concerned that the Result of the candidates who appeared in Master Degree Programme : Social Work , Sem : III Examination held in December, 2024 is declared as under:-

क्रमांक/ Serial No.	अनुक्रमांक/ Roll No	Name	Father's Name	Result	SGPA	CGPA	Remarks
1	23MSOW01	A.K AHMED SAFWAN	ABDUL RAHIMAN	PASSED	6.33	6.42	PASSED
2	23MSOW02	ABIN SAM	WILFRED SAM	PASSED	5.83	6.03	PASSED
3	23MSOW04	AMANA NISWA K	HUSSAIN KUTTY K	PASSED	6.50	6.16	PASSED
4	23MSOW05	AMNA IKHLAQ	IKHLAQ HUSSAIN	PASSED	6.50	6.79	PASSED
5	23MSOW06	AZIM MALIK P	MUSTHAPA P	PASSED	6.00	5.95	PASSED
6	23MSOW07	BHAVYA T	SATHYAN T	PASSED	5.83	6.05	PASSED
7	23MSOW08	FAREEDA ZAMAN	MUJEEB UL ZAMAN	PASSED	6.17	6.24	PASSED
8	23MSOW09	FIZA BANOO	AHMAD ALI	PASSED	7.00	6.95	PASSED
9	23MSOW10	KIRAN JAIN	RAJESH JAIN	PASSED	8.17	8.32	PASSED
10	23MSOW11	MOHAMMED SAJIL T	SALEEM T	PASSED	7.33	6.95	PASSED
11	23MSOW12	MUHAMMED SHAHIN K P	ABDUL AZEEZ	PASSED	6.83	6.53	PASSED
12	23MSOW13	NAHNA K A -	ARAZAD KHAN K R	PASSED	7.33	7.42	PASSED
13	23MSOW16	PRAVEEN.P.V	VINOD.P	PASSED	6.17	6.24	PASSED
14	23MSOW17	RABIA KOSER	DIL MIR	PASSED	6.83	6.61	PASSED
15	23MSOW19	SANA FATHIM	SULAIMAN M	REAPPEAR	0.00	0.00	Back In - MSOW2C001F USOW00017T MSOW2C003T MSOW2C004T nou24_hs51
16	23MSOW20	SHAFIQUE KHAN	ALI AHMAD KHAN	PASSED	7.00	6.89	PASSED
17	23MSOW21	STANZIN NORBOO	TSERING DORJAY	PASSED	7.33	7.39	PASSED
18	23MSOW22	SURUMI P	SHAJI	PASSED	7.17	6.39	PASSED
19	23MSOW23	THANU SHARMA	VIJAY KUMAR	PASSED	6.00	6.34	PASSED
20	23MSOW24	THOUFEER IJLAL E P	MOHAMMED IQBAL E P	PASSED	6.83	6.76	PASSED
21	23MSOW25	CHRISTINA ROSE GEORGE	GEORGE JOSEPH	PASSED	7.33	7.53	PASSED
22	23MSOW26	MURSHIDA	AHAMMED PALERI	PASSED	8.00	7.82	PASSED

Date of Declaration of Result: Thursday, February 20, 2025

Prepared By

Checked By

Ashish Chauri  
Controller of Examination

<b>Lecture No.</b>	<b>Topics Covered</b>	<b>Status</b>
1	Introduction to Social Justice	Achieved
2	Concept of Justice: Liberty	Achieved
3	Concept of Justice: Equity and Fairness	Achieved
4	Concept of Justice: Impartiality	Achieved
5	Theories of Justice: John Rawls	Achieved
6	Theories of Justice: Robert Nozick	Achieved
7	Theories of Justice: John Stuart Mill	Achieved
8	Social Justice: Concept	Achieved
9	Absolute and Relative Justice	Achieved
10	Distributive, Retributive and Restorative Justice	Achieved
11	Notion and Classification of Rights	Achieved
12	Natural, Moral and Legal Rights	Achieved
13	Human Rights: Concept and Philosophy	Achieved
14	Evolution of Human Rights	Achieved
15	Human Rights Declarations, Treaties and Conventions	Achieved
16	Role of Supra National Bodies	Achieved
17	Role of National Bodies and NGOs	Achieved
18	Social Construction of Gender	Achieved
19	Gender Shaping Institutions	Achieved
20	Patriarchy and Theories of Patriarchy	Achieved

21	Waves of Feminism (First, Second, Third)	Achieved
22	Liberal Feminism and Black Feminism	Achieved
23	Rights-Based Approach: Need and History	Achieved
24	Scope and Analysis of Rights-Based Approach	Achieved
25	Ethical Issues in Rights-Based Approach	Achieved
26	Human Rights in Social Work Practice	Achieved
27	Feminist, Child Rights and Ethnic Sensitive Practice	Achieved
28	Human Rights and Marginalized Groups in India	Achieved
29	Social Work Practice with Victims (Case Studies)	Achieved
30	Reservation in India + Final Revision	Achieved

जम्मू केंद्रीय विश्वविद्यालय  
**Central University of Jammu**  
 रह्या-सुचानी (बगला), जिला सांबा -181143 और  
 कश्मीर

Rahya-Suchani (Bagla), District: Samba – 181143,  
 Jammu (J&K)



Roll No.

**SEMESTER MAJOR EXAMINATIONS**

Programme	MA Social Work	Semester	II
Course Name	Social Justice and Empowerment	Course Code	USOW0008T
Duration	3 Hours	Credits	04
Maximum Marks	100	Minimum Marks	

<b>After pursuing this course, the student will be able to:</b>	
<b>CO 01</b>	To know the concepts of social justice and empowerment
<b>CO 02</b>	To interpret the context of human rights for various marginal groups
<b>CO 03</b>	To acquaint with the emergence of rights-based perspective in social work practice
<b>CO 04</b>	Incorporate the principles of social justice, human rights and empowerment in the practice with special focus on marginalized groups

<b>Part A</b>		<b>Total Marks</b>	
Very Short Answer Type Logical Questions of 04 marks related to different COs (All the units to be covered from the entire syllabus)		4X5=20	
<b>S.No.</b>	<b>Statement</b>	<b>Levels</b>	<b>CO</b>
1.	Elucidate social justice as a value of social work.	03	01
2.	Explain the concept of Equality. Discuss the various types of equality	02, 03	01
3.	Briefly discuss the idea of Justice as fairness.	02	01
4.	Explain the term restorative justice.	02	01
5.	Distinguish the term equity and equality.	04	01
<b>PART B</b>		<b>Total Marks</b>	
Short Answer Type Analytical Questions of 8 marks related to different COs (All the units to be covered from the entire syllabus)		8X5=40	
6.	Write a note on affirmative actions.	01	01
7.	Justify the statement given by Simone de Beauvoir: 'One is not born a woman; becomes one' highlighting the marginalization of women.	05	02
8.	Explain the right-based theory. Examine its relevance for the Social Work profession.	02, 04	02, 03
9.	What is right? Illustrate various types of rights.	02, 04	02, 04
10.	Build your argument on whether the reservation should be ended or continued in India.	02, 05	01, 04
<b>Part C</b>		<b>Total Marks</b>	
Long Answer Type Descriptive Questions of 20 marks related to different Cos (Only Two questions to be attempted)		20X2=40	
11.	Explain the concept of marginalization and highlight the issues of various marginalized groups in India.	02, 04	02, 04
12.	Illustrate the importance of the human right perspective in social work practice.	02, 04	02
13.	How the idea of Social Justice evolved throughout time draws a philosophical and historical sketch in a global context.	01, 02	01

# **Understanding Human Rights Declarations, Treaties and Conventions**

Human rights are fundamental rights that belong to every individual by virtue of being human. At the international level, these rights are protected and promoted through declarations, treaties, and conventions.

## **Definition**

Human Rights Declarations, Treaties, and Conventions are formal international instruments that establish standards for the protection and promotion of human rights.

Declarations are generally non-binding statements of principles, while treaties and conventions are legally binding agreements that countries must follow after ratification.

## **Objectives**

The key objectives are to ensure dignity, equality, and justice for all.

### **Protection of Rights**

To safeguard individuals from violations such as discrimination, exploitation, and abuse.

### **Promotion of Equality**

To ensure equal rights regardless of gender, race, religion, or nationality.

### **Global Standards**

To create universal norms that guide countries in protecting human rights.

## Accountability

To make governments responsible for upholding and implementing human rights.

## Key Declarations

### Universal Declaration of Human Rights (1948)

This is the foundation of international human rights law. It includes civil, political, economic, social, and cultural rights such as the right to life, freedom, education, and work. Though not legally binding, it has strong moral authority.

## Key Treaties and Conventions

### International Covenant on Civil and Political Rights (ICCPR)

Ensures rights like freedom of speech, right to life, and fair trial.

### International Covenant on Economic, Social and Cultural Rights (ICESCR)

Focuses on rights related to education, health, employment, and living standards.

### Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW)

Aims to eliminate discrimination against women and promote gender equality.

### Convention on the Rights of the Child (CRC)

Protects children's rights related to survival, development, and participation.

### Convention on the Rights of Persons with Disabilities (CRPD)

Promotes dignity, equality, and inclusion of persons with disabilities.

### **Scope**

These instruments cover various aspects of human life.

#### Civil and Political Rights

Freedom, equality before law, participation in governance.

#### Economic and Social Rights

Right to education, health, work, and social security.

#### Cultural Rights

Protection of traditions, identity, and cultural practices.

#### Global and National Impact

They influence national laws, policies, and judicial decisions.

### **Importance**

Provides a universal framework for rights protection

Guides policy-making and governance

Empowers individuals to claim their rights

Promotes peace, justice, and social development

### **Conclusion**

Human Rights Declarations, Treaties, and Conventions play a vital role in ensuring dignity, equality, and justice worldwide. They not only set global standards but also shape national policies and strengthen the protection of human rights

## **Course File**

**Name of Faculty: Fateh Lal Bheel**

**Name of Course: Theory and Skills of Working with Groups**

**Course Code: MSOWICO04T**

**Semester: M.A. Social Work Semester 2nd**

**Academic Year: 2023-2024**

## **Syllabus**

### **Unit I: Concept and Formation**

Social Group Work: Definition, Objectives, Attributes

- Types of groups: Therapeutic group, Task group, Recreation group
- Historical Evolution of Social Group Work

### **Unit II: Principle, Skills, Techniques and theories**

- Principles of Social Group Work

Skills and Techniques of Group Work

: Shitsiand soniqueroup Work Welational Dialectics theory, Learning Theory, Conflict Theory

### **Unit III: Group Dynamics**

Dimensions of Group Dynamics: Communication and Interaction, Cohesion, Social Integration and Group Culture : Dimeniogs oC Dynaic: Leadership, Group Bonding, Group Confion, Conti mution, Apathy and roup Control

### **Unit IV: Group Process and Development**

- Group Worker Roles: Enabler, Supporter, Guide, Educator, Resource Person
- Group Development: Meaning, Stages (Tuckman)

### **Unit V: Models of Social Group Work Practice**

Remedial

Reciprocal

Social Goal Model

## Result

Course	Theories and Skills of Working with Group				
Session	2023-24				
Sr. No.	Name of the student	Username	Mid-Sem (15)	CIA (10)	End Sem (25)
1	A.K Ahmed Safwan	23msow01	7.25	7	11.75
2	Abin Sam	23msow02	7.25	6	11.75
3	Ajmal P V	23msow03	5.75	7	12
4	Amana Niswa K	23msow04	9	7	13.5
5	Amna Ikhalaq	23msow05	8.25	7.5	15.75
6	Azim Malik P	23msow06	6	7	13.25
7	Bhavya T	23msow07	5.5	6.5	12.75
8	Fareeda Zaman	23msow08	8	6.5	14
9	Fiza Bano	23msow09	10.75	7	17.25
10	Kiran Jain	23msow10	12.25	8	20
11	Mohammed Sajil T	23msow11	10.25	6.5	15.25
12	Muhammed Shahin KP	23msow12	6.75	7	14
13	Nahna K A	23msow13	9.25	7.5	17.75
14	Praveen P. V	23msow16	8.25	7	14.25
15	Rabia Koser	23msow17	8	7.5	15.75
16	Sahad S P	23msow18	AB	AB	
17	Sana Fathim	23msow19	9.75	6	9.25
18	Shafaque Khan	23msow20	8.5	7	13.75
19	Stanzin Norboo	23msow21	11	7.5	18
20	Surumi . P	23msow22	8	7	15
21	Thanu Sharma	23msow23	7	0	19
22	Thoufeer Ijlal E P	23msow24	8.5	7	15
23	Christina Rose George	23msow25	11.75	7.5	17
24	Murshida P	23msow26	11.5	7.5	17.75

Lecture No.	Topics Covered	Status
1	Introduction to Social Group Work	Achieved
2	Definition of Social Group Work	Achieved
3	Objectives of Social Group Work	Achieved
4	Attributes of Social Group Work	Achieved
5	Types of Groups: Overview	Achieved
6	Therapeutic Groups	Achieved
7	Task Groups	Achieved
8	Recreational Groups	Achieved
9	Historical Evolution of Social Group Work	Achieved
10	Principles of Social Group Work	Achieved
11	Core Principles in Practice	Achieved
12	Skills in Group Work: Communication	Achieved
13	Skills: Facilitation and Leadership	Achieved
14	Techniques: Discussion and Brainstorming	Achieved
15	Techniques: Role Play and Activities	Achieved
16	Theories: Relational Dialectics Theory	Achieved
17	Theories: Learning Theory	Achieved
18	Theories: Conflict Theory	Achieved
19	Introduction to Group Dynamics	Achieved
20	Communication and Interaction	Achieved
21	Group Cohesion and Integration	Achieved
22	Group Culture	Achieved
23	Leadership in Groups	Achieved
24	Group Bonding	Achieved
25	Group Conflict	Achieved
26	Group Control and Apathy	Achieved
27	Group Process: Meaning	Achieved
28	Stages of Group Development (Tuckman)	Achieved
29	Group Worker Roles: Enabler, Supporter, Guide	Achieved

DEPARTMENT OF SOCIAL WORK  
CENTRAL UNIVERSITY OF JAMMU

M. A. Social Work Semester II  
END SEMESTER EXAMINATION  
2024

Course Title: Theory and skills of working with Groups  
Course No: MSOW1C004T

Roll No:  
Time: 3 hrs  
MM: 100

Section A contains 10 MCQs and all are compulsory.  $10 \times 1.5 = 15$   
Section B- 5 questions should be attempted, one from each unit.  $5 \times 8 = 40$   
Section C - Any 3 should be attempted.  $3 \times 15 = 45$

SECTION A

- Q1. Which one of the following is a 'secondary group'?
- a) Family  
b) Association  
c) Peer Group  
d) Sports Club
- Q2. The purpose of keeping the group size small is to
- a) know each other  
b) monitor progress  
c) be time bound  
d) accomplish objectives
- Q3. Who among the following helped group work rooted in the social work profession?
- a) Kanopka  
b) Trecker  
c) Cooley  
d) John Mead
- Q4. Rational component of mind which controls the thinking power
- a) Id  
b) Ego  
c) Super ego  
d) Defence Mechanism
- Q5. Arrange in the proper order- 1- Attention, 2- Motivation, 3- Retention, 4- Reproduction
- a) 2,1,3,4  
b) 4,3,2,1  
c) 2,4,1,3  
d) 1,3,4,2
- Q6. Who has authored the book 'Group work: A helping process'?
- a) H.B. Trecker  
b) Kanopka  
c) Thrasher  
d) Jane Addams
- Q7. Responsibility for the choice of programme in group work rest with \_\_\_\_\_?
- (a) Group members  
(b) Group Worker  
(c) Members of the group with the help of group worker  
(d) The Agency
- Q8. Select the odd one out- Members cohesion depends on
- (a) prestige  
(b) companionship  
(c) attainment of personal goals  
(d) interpersonal interaction
- Q9. Communication skill includes
- (a) Listening  
(b) Observation  
(c) Remaining objective  
(d) All of the above
- Q10. The relationship in a secondary group is \_\_\_\_\_?
- (a) Personal  
(b) Intimate  
(c) Formal  
(d) Informal

**SECTION B**

Q11. Explain bonding and the purpose it serves in a group.  
OR

Q12. Distinguish between Primary and Secondary groups.  
OR

Q13. Briefly explain the objectives of Social group work  
OR

Q14. Illustrate the principles of group work.  
OR

Q15. Write a note on reciprocal model.  
OR

Q16. Write the ethical consideration in group work.  
OR

Q17. Define the characteristics of groups and its importance.  
OR

Q18 Explain the models of group work practice.  
OR

Q19 How is group leadership a skill? Explain.  
OR

Q20 Describe the role of a group worker in group work practice.

**SECTION C**

Q21. Elucidate the phases and process of social group work process.?

Q22. Briefly analyze different factors that influence managing group dynamics

Q23. Explain the Tuckman model of group development.

Q24 Discuss different types of Social Groups in Group work Profession.

Q. 25 Explain the learning theory and how it is implemented in group process.

# **Social Group Work: Definition, Objectives and Attributes**

Social Group Work is a method of social work that focuses on helping individuals improve their social functioning through group experiences. It uses the group as a medium for growth, development, and problem-solving.

## **Definition**

Social Group Work can be defined as a method through which individuals in groups are helped by a trained worker to improve their social functioning and achieve personal and group goals. It emphasizes interaction, participation, and collective experiences.

## **Objectives of Social Group Work**

The main objectives are to support both individual and group development.

### Individual Development

It helps individuals improve self-confidence, communication skills, and emotional stability. It enables members to understand themselves better and develop problem-solving abilities.

### Group Development

It strengthens cooperation, unity, and mutual understanding among members. It promotes democratic values and collective decision-making.

### Social Development

It helps individuals become responsible citizens and contributes to social change. It encourages participation in community welfare and social justice.

### Therapeutic Objective

It helps individuals deal with emotional and psychological issues through group support and shared experiences.

## **Attributes of Social Group Work**

### Planned Process

Group work is not random. It is a structured and goal-oriented process designed by a trained social worker.

### Use of Group as a Medium

The group itself becomes a tool for learning, interaction, and change.

### Professional Guidance

A trained group worker guides the process, ensuring participation, inclusion, and positive outcomes.

### Interaction and Participation

Active interaction among members is essential. Learning happens through sharing experiences and engaging with others.

### Focus on Relationships

Group work emphasizes building healthy relationships among members.

### Democratic Functioning

Decisions are taken collectively, ensuring equality and participation of all members.

### Goal-Oriented

Every group activity is directed toward achieving specific objectives.

## **Importance of Social Group Work**

It helps individuals adjust better in society

It promotes leadership and teamwork

It supports emotional well-being

It encourages social responsibility

## **Conclusion**

Social Group Work is an important method of social work that combines individual growth with group development. It plays a significant role in building a more inclusive and participatory society.

## **Course File**

**Name of Faculty: Fateh Lal Bheel**

**Name of Course: Administration of welfare and development  
Services**

**Course Code: MSOW2C0003T**

**Semester: M.A. Social Work Semester 3rd**

**Academic Year: 2023-2024**

# Syllabus

## **Unit I: Conceptual Understanding**

- Social Welfare Administration :Definition and Scope
- Related Concepts: Public Administration, Development Administration
- Administrative Structure of Public Organizations: MoSJE, Mo WCD

## **Unit II: Principles of Administration**

- Planning, Organizing, Staffing, Directing, Decision-making, Coordination, Communication, Reporting, Budgeting, Evaluation and Feedback
- Transparency and Accountability of the Development Organization
- Unity of Command, Centralization and Decentralization, Span of Control, Delegation and Supervision, Theory X and Y

## **Unit III: Legal Avenues for Formation of Development Organizations**

- Organizational Planning: Development of Vision, Mission, Goals, Objectives and Structure, Assets and Liabilities.  
For Profit and Not for Profit Organizations  
Legislative Framework: The Societies Registration Act (1860), The Public Trust Act 1882), The Cooperative Societies Act (1912), Section 25 A and Section 135 of The Companies Act (1956), Sections 12A and 80G of The Income Tax Act (1961)

## **Unit IV : Project Planning and Development**

- Proposal Formulations: Conceptual Frame, Stakeholders, Objective, Implementation Plan
- Log Frame Analysis, Cost Benefit Analysis, Risk Assessment Matrix,

- Monitoring and Evaluation
- Human Resource, Time line and Budgeting.

### **Unit V: Civil Society and Development Organizations**

- Terms of Reference (TOR)
- Documentation, Fund Raising
- Resource Mobilization, Social Marketing
- Foreign Funding: Application, Procedure and Foreign Contribution
- Regulatory Act (2010)



# जम्मू केंद्रीय विश्वविद्यालय


## Central University of Jammu

परिणाम अधिसूचना सं/ Result Notification No. 1412  
Dated : Friday, January 5, 2024  
Regular

अर्धवार्षिक पाठ्यक्रम/Semester : III सत्र/Session : 2023-24 में आयोजित परीक्षा/Examination held in : Dec 2023  
It is hereby notified for the information of all the concerned that the Result of the candidates who appeared in  
: Social Work, Sem : III Examination held in Dec 2023 is declared as under:-

क्रमांक/ Serial No.	अनुक्रमांक/ Roll No.	नाम / Name	पिता का नाम / Father's Name	परिणाम / Result	कुल अंक / Total Marks 550
1	22MSOW02	AMULYA VARMA	MURALEEDHARAN M	RE: O006T,C001F,C001T,O001T,O004T	***
2	22MSOW04	GRESHMA SEBASTIAN	SEBASTIAN, V. A	Passed	396
3	22MSOW05	AARON SINGH	AMIT KUMAR SINGH	Passed	352
4	22MSOW10	Sachin Parihar	KAILASH CHANDRA PARIHAR	Passed	365
5	22MSOW11	SHANIL RAJ K P	RAJEEVAN C K	Passed	385
6	22MSOW12	RAJNI SHARMA	SHIV LAL	Passed	385
7	22MSOW13	DEEPIKA DUBEY	DWARKA NATH	Passed	312
8	22MSOW16	SANAKSHI DEVI	KAMAL SINGH	Passed	355
9	22MSOW19	SHARUN M O	OMANAKUTTAN M K	Passed	292
10	22MSOW23	MAYA M M	MANI	Passed	336
11	22MSOW24	MOHD ASHRAF SHEIKH	MOHD IBRAHIM	Passed	357
12	22MSOW26	Vidhi Kumari	Madan Lal	Passed	361
13	22MSOW27	Lata Sharma	Channo Sharma	RE: O006T,C001T	***
14	22MSOW29	Jatin Sharma	Radha Sham	Passed	360
15	22MSOW30	Achal Sharma	Pardeep Sharma	RE: O006T,C001T	***
16	22MSOW32	Nekha Spolia	Ganesh Datt	Passed	371
17	22MSOW34	Niharika Hans	Som Raj	RE: O006T,C001T	***
18	22MSOW36	Makhnu Devi	Panjabu Ram	RE: C001T,O001T,O004T,O005T	***

Date of Declaration of Result: Friday, January 5, 2024

  
Controller of Examinations

\*The candidate shall be declared to have passed a course(s) of programme if he/she obtains 50% in Internal and 50% in External separately.

Errors and Omissions Excepted

Lecture No.	Topics Covered	Status
1	Introduction to Social Welfare Administration	Achieved
2	Definition and Scope	Achieved
3	Public Administration: Concept	Achieved
4	Development Administration: Concept	Achieved
5	Administrative Structure: MoSJE	Achieved
6	Administrative Structure: MoWCD	Achieved
7	Principles of Administration: Overview	Achieved
8	Planning	Achieved
9	Organizing	Achieved
10	Staffing	Achieved
11	Directing	Achieved
12	Decision Making	Achieved
13	Coordination	Achieved
14	Communication	Achieved
15	Reporting	Achieved
16	Budgeting	Achieved
17	Evaluation and Feedback	Achieved
18	Transparency and Accountability	Achieved
19	Unity of Command	Achieved
20	Centralization and Decentralization	Achieved
21	Span of Control	Achieved
22	Delegation and Supervision	Achieved
23	Theory X and Theory Y	Achieved
24	Organizational Planning: Vision and Mission	Achieved
25	Goals, Objectives and Structure	Achieved
26	Assets and Liabilities	Achieved
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## **Related Concepts: Public Administration and Development Administration**

Public Administration and Development Administration are closely related to social welfare administration. They help in understanding how government policies are implemented and how development goals are achieved in society.

### **Definition**

Public Administration refers to the process of implementing government policies and managing public services and programs. It focuses on the functioning of government institutions and administration.

Development Administration refers to a specialized branch of public administration that focuses on planned change, development programs, and improving socio-economic conditions, especially in developing countries.

### **Objectives**

The main objectives focus on governance and development.

**Efficient Implementation**

To ensure effective execution of government policies and programs.

**Development of Society**

To promote economic growth, social justice, and overall development.

**Public Welfare**

To improve the quality of life of people through service delivery.

**Social Change**

To bring planned and positive change in society.

### **Public Administration: Key Features**

Policy Implementation

Focuses on executing laws and policies made by the government.

Bureaucratic Structure

Operates through formal organizations and administrative hierarchy.

Neutrality

Works in a politically neutral manner to serve the public.

Accountability

Responsible to the public and government authorities.

### **Development Administration: Key Features**

Change-Oriented

Focuses on bringing social and economic transformation.

Goal-Oriented

Aims at achieving development targets like poverty reduction.

People-Centered

Emphasizes participation of people in development processes.

Innovation and Flexibility

Encourages new methods and adaptive approaches.

**Scope**

## Public Administration

Covers all government activities such as law and order, education, health, and public services.

## Development Administration

Focuses on development sectors like rural development, poverty alleviation, education, and health.

## Importance

Ensures effective governance

Promotes socio-economic development

Supports implementation of welfare policies

Helps in achieving national development goals

## Conclusion

Public Administration and Development Administration are essential for effective governance and development. While public administration ensures implementation of policies, development administration focuses on achieving social and economic