

Course File

2024-2025

Name of Faculty- Dr. Nancy Mengi

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**Central University of Jammu, Rahya-Suchani, Samba, Jammu & Kashmir, 181143,
India.**

Name of Course- Theories and skills of working with individual

Course code- MSOW1C011T

Semester- M.A. Social Work II

Academic year- 2024-25

Syllabus

Unit I: Social Case Work: Concept

- Social Case Work: Definition and Historical Development
- Principles of Social Casework
- Components of Case Work
- Client-Worker Relationship

Unit II: Social Case Work Interventions

- Understanding Client Systems
- Social Case Work Techniques- Catharsis, Reflective and Logical Discussion
- Case Work Process

Unit III: Models and Therapies of Social Casework

- Approaches to Case Work Practice: Diagnostic- Functional Approach, Problem Solving Approach, Ecological Approach, Psychosocial Approach, Eclectic Approach
- Models/Therapies of Case Work Practice: Behavioural-Modification Therapy, Gestalt Therapy, Crisis Intervention Model, Task Centered Model, Existential Model

Unit IV: Practical Approach to Social Case Work-I

- Supervision in Social Casework
- Tools of case work: Observation, Interview, Home Visit
- Recording: Face-sheet, Process, Narrative and Summary

Unit V: Practical Approach to Social Case Work-II

- Counselling: Steps and Process
- Case Presentation in Different Settings: Educational, Health, Career Guidance, Family, Correctional and Disability

References/ Suggested Readings/ Web links:

1. Hamilton, G.2013. Theory and Practice in Social Case work. Rawat Publications
2. Mathew, G. 1993. An Introduction to Social Case Work. TISS
3. Upadhyay, R.K. 2014. Social Case Work. Rawat Publications
4. Perlman, H.H. 2011. Social Case Work- A Problem-Solving Approach. Rawat Publications.

Lesson Plan

Lecture . No	Topics covered	Status
1	Introduction to Social Case Work	Achieved
2	Definition of Social Case Work	Achieved
3	Historical Development – Early Phase	Achieved
4	Historical Development – Modern Trends	Achieved
5	Principles – Individualization	Achieved
6	Principles – Acceptance & Self-determination	Achieved
7	Principles – Confidentiality & Emotional Involvement	Achieved
8	Components – Person	Achieved
9	Components – Problem	Achieved
10	Components – Place & Process	Achieved
11	Client–Worker Relationship – Rapport	Achieved
12	Client–Worker Relationship – Boundaries & Transference	Achieved
13	Understanding Client Systems – Individual	Achieved
14	Understanding Client Systems – Family	Achieved
15	Understanding Social Environment	Achieved
16	Techniques – Catharsis	Achieved
17	Techniques – Reflective Discussion	Achieved
18	Techniques – Logical Discussion	Achieved
19	Case Work Process – Intake & Study	Achieved
20	Case Work Process – Assessment to Termination	Achieved
21	Diagnostic Approach	Achieved
22	Functional Approach	Achieved
23	Problem Solving Approach	Achieved
24	Ecological Approach	Achieved
25	Psychosocial Approach	Achieved
26	Eclectic Approach	Achieved
27	Behavioral Modification Therapy	Achieved
28	Gestalt Therapy	Achieved
29	Crisis Intervention Model	Achieved

Learning material

1. Johnson, L.C. & Yanca, S.J. 2010. Social work practice- A Generalist Approach. PHI Learning
2. Biestek, F. 1961. The Case Work Relationship. Allyn and Bacon
3. Hollis, F. 1964. Casework: A Psychosocial Therapy. McGraw Hill
4. Ramakrishnan, P.K. 2013. Social Work Counselling. Black Prints.
5. R.L. Gibson, M.H. Mitchel. 2014. Introduction to Counselling & Guidance. PHI Learning Pvt. Ltd.
6. Healy, K. 2012. Social Work Methods and Skills. Palgrave MacMillan

Question paper



Question Paper

जम्मू केंद्रीय विश्वविद्यालय

Central University of Jammu

रह्या-सुचानी (बगला), जिला सांबा -181143, (जम्मू और कश्मीर)
Rahya-Suchani (Bagla), District: Samba – 181143, Jammu (J&K)

SEMESTER MAJOR EXAMINATIONS

After pursuing this course, the student will be able to:	
CO 01	<i>Understand an individual as a bio-psycho-social phenomenon.</i>
CO 02	<i>Understand the impact of environmental factors on the personality and situation of the client</i>
CO 03	<i>Undertake the process of working with individuals</i>
CO 04	<i>Use the therapeutic approaches in casework</i>
CO 05	<i>Practice the tools and techniques that are essentially needed by social workers working in organisational settings.</i>

Part A		Total Marks	
Very Short Answer Type Logical Questions of 04 marks related to different COs		4X5=20	
S.No.	Statement	Levels	CO
1	Transference can work both in favour and disfavour of the client. Examine the statement.	3	1
2	Give an example of a mandated client and explain the reasons for the same.	4	3
3	Psychodynamic approach has influenced the diagnostic school of thought. Justify.	5	4
4	Explain in brief the different types of interviews.	2	5
5	What are the various problems which a client can encounter in educational setting?	4	3
Part B		Total Marks	
Short Answer Type Analytical Questions of 8 marks related to different COs		8X5=40	
6	Trace the history of Social Work in Indian and Western context.	6	3
7	Explain the technique logical and reflective thinking/ discussion.	1	4
8	Illustrate the ecological model.	2	2
9	Explain the applicability of Supervision in Casework	5	5
10	What are the various steps in counselling process?	1	4
Part C		Total Marks	
Long Answer Type Descriptive Questions of 20 marks related to different Cos (Only Two questions to be attempted)		20X2=40	
11	Explain the existential model and its usability in casework.	4	4
12	Describe: 1. Task centred Model 2. Behaviour Modification model	1	4
13	Differentiate between Psychosocial approach and Functional approach.	3	5

Attendance

ATTENDANCE

Course	Theory and skills of working with Individuals-2025							
Group	All participants							
Last name	First name	Username	P	E	A	Taken sessions	Points	Percent age
B S	ANUNANDA	24msow02	32	0	11	43	32 / 43	74.4
K	NANDHANA .	24msow11	31	0	12	43	31 / 43	72.1
K . M	VAISHNAVI	24msow19	31	0	12	43	31 / 43	72.1
M	MOHAMMED SHIHAL .	24msow08	19	1	23	43	20 / 43	46.5
M	MUHAMMED SHUHAIL	24msow10	26	0	17	43	26 / 43	60.5
MOHAN AN	JISHNU	24msow06	26	1	16	43	27 / 43	62.8
NAIR	SRAYA S	24msow17	26	1	16	43	27 / 43	62.8
P	NIVED	24msow12	29	0	14	43	29 / 43	67.4
P	NIVEDITHA	24msow13	30	0	13	43	30 / 43	69.8
P	VISHNUPRIYA	24msow20	29	0	14	43	29 / 43	67.4
P. K	SURYA NARAYANAN	24msow18	22	0	21	43	22 / 43	51.2
PRASAD . A	AKSHAY	24msow01	27	0	16	43	27 / 43	62.8
RABEEH	MUHAMMED	24msow09	29	0	14	43	29 / 43	67.4
SHAJI	DEVFRAG	24msow04	33	0	10	43	33 / 43	76.7
SINGH	SANSKRITI	24msow21	28	0	15	43	28 / 43	65.1
VERMA	SHAMALI	24msow16	31	0	12	43	31 / 43	72.1

Result

Result (CIA , MID SEM, ENDSEM)

Course: Theory and skills of working with Individuals							
S.No	Name	Roll No	CIA (MM 20)	Mid sem (MM 30)	End Sem (MM 50)	Total (100)	Remark on performance
1	Akshay Prasada	24MSOW01	12	15	18.5	45.5	
2	Anunanda B.S.	24MSOW02	12.5	16.5	17.75	46.75	
3	Devrag Shaji	24MSOW04	14	15.75	17.5	47.25	
4	Jishnu Mohanan	24MSOW06	10	13.5	16.5	40	
5	Mohd. Shihal M.	24MSOW08	14		36	50	
6	Mohd Rabeeh	24MSOW09	15	9.5	12	36.5	Poor
7	Mohd. Shuhail M.	24MSOW10	13.5	10.5	22	46	
8	Nandhana K.	24MSOW11	13	16.5	26.5	56	
9	Nived P.	24MSOW12	11.5	11	14.25	36.75	
10	Niveditha P.	24MSOW13	14.5	21.5	31	67	Best
11	Surya Narayan P.K	24MSOW18	13	9		22	
12	Shamali Verma	24MSOW16	1.5	14.5	36.5	52.5	
13	Sraya S. Nair	24MSOW17	17	16	23.5	56.5	
14	Vaishnavi	24MSOW19	12	16.75	17	45.75	Average
15	Vishnupriya P.	24MSOW20	15	13	32.25	60.25	
16	Sanskriti Singh	24MSOW21	14.5		21	35.5	

Name of Course- Field work practicum

Semester- I

Academic year- 2024-25

Syllabus

Syllabus Semester - I

Course Title: Field Work Practicum-I

Course Credits: 08

Course Learning Outcomes (CLOs)

1. *Contextualising Field Work With Social Work Profession*
2. *Exposure subject to various fields settings*
3. *Understanding and contextualizing cultural, economic and political context of field settings*
4. *Building skills and techniques (intervention, advocacy, awareness and problem solving)*

Course Design

1. **Introduction to field work**
 - Orientation
 - Log sheet
 - GC/IC
 - Report Writing
 - Ethical standards
 - Block placement and Rural camps
 - Challenges of field practice
2. **Engagement within field setting**
 1. Rapport building
 - Communication Skills
 - Stakeholders
3. **Tools & Techniques of field practice**
 - Community profile
 - Transect walk
 - Social mapping
 - Resource mapping
 - Livelihood analysis
 - Historicity/ timeline
 - Stakeholder analysis

References/Suggested Readings/Weblinks:

1. Morales, A.T. & Sheaffor, B.W. (1995). *Social Work: A Profession of Faces*. Many, 7th ed. Allyn & Bacon: Boston.
2. Pawar, M., Hanna, G. & Sheridan, R. (2004). *International Social Work Practicum in India*. *Australian Social Work* (57), 3, 223-236.
3. Kadushin, A. (1992). *Supervision in Social Work* (3rd ed.). New York: Columbia University Press.
4. Baird, B.N. (1996). *The Internship, Practicum, and Field Placement Handbook*. Saddle River, NJ: Simon & Schuster.
5. Chambers Robert, (2015). *Rural Development: Putting Last First*. New Delhi: Routledge Publications
6. Chambers Robert, (1997). *Whose Reality Counts? Putting the First Last*. UK: ITDG Publishing.
7. Chambers Robert, (2017). *Can We Know Better? Reflections for Development*. UK: Practical Action Publishing

Name of Course- Field work practicum

Semester- M. A. Social Work II

Academic year- 2024-25

Syllabus

Course Title: Field work Practicum-II

Course Credits: 08

Course Learning Outcomes (CLOs)

1. *Identification and prioritizing of social issues in field settings*
2. *Need assessment*
3. *Designing intervention plan*
4. *Execution of plan*

Course Design

Identifying the needs problems in the community

- Prioritizing needs (network analysis tool)

Name of Course- Child protection Mechanism

Semester- III

Academic year- 2024-25

Syllabus

Syllabus Semester – III

Course Title: Child Protection Mechanisms

Course: Credits: 04

Course Learning Outcomes

The course learning outcomes area as follows:

1. Understand Child Vulnerabilities and the need for protection
2. Appreciate the various perspectives and approaches to child protection
3. Develop an understanding of the legal framework and systems of child protection in India
4. Learn & demonstrate the use of various tools and techniques used in child protection

Unit I: Children's Vulnerability and the Need for Protection

- Understanding Childhood :Different Perspectives on Childhood (Social & Legal Construct)
- Children's Vulnerabilities and Implications: State, Society, Family and Individual
- Intersectionality of Vulnerability- Structural, Gender-Related, Children with Disabilities, Children in Disasters/ Emergencies/ Border/ Conflict/ Difficult Environments/ Migration
- Vulnerable Children in India: Street, Sexually Abused, Trafficked, Working

Unit II: Child Protection Approaches and Strategies

- Traditional Institutional and Non-Institutional Approaches
- United Nations Convention on the Rights of Child
- UN Guidelines on Alternative Care
- Community Based Approach: CPC, Children's Group, CFSs
- Family Strengthening and Non-Institutional Approach to CP: Adoption, Foster Care and Sponsorship

Unit III: Child Protection and Legal framework

- Legal Approach: Constitutional Provisions
- The Protection of Children from Sexual Offences Act 2012 (POSCO)
- Revised Integrated Child Protection Scheme (2014) (ICPS): Structures and Functionaries
- Juvenile Justice (Child Care & Protection) Act, 2015 (JJ Act)

Unit IV: Child Protection Mechanisms in India

- The NCPCR & SCPCRs: Roles and Functions
- Child Line, NCLP, Shishu Greh Scheme
- NGOs and Child Protection: Scope for Involvement and Present Status
- Quality Standards of Care in Child Care Institutions

Lesson plan

Lesson No.	Topic Covered	Status
1	Introduction to Child Protection: Meaning, Scope, and Importance	Achieved
2	Concept of Childhood and Child Development Perspectives	Achieved
3	Child Rights: Meaning, Principles, and Importance	Achieved
4	Constitutional Safeguards for Children in India	Achieved
5	UNICEF and its Role in Child Protection	Achieved
6	United Nations Convention on the Rights of the Child (UNCRC): Key Principles and Provisions	Achieved
7	National Policy for Children and Child Protection Framework	Achieved
8	Forms of Child Abuse: Physical, Emotional, and Sexual	Achieved
9	Child Neglect and Exploitation: Identification and Indicators	Achieved
10	Child Labour: Causes, Impact, and Issues	Achieved
11	Child Labour (Prohibition and Regulation) Act	Achieved
12	Child Trafficking: Causes, Process, and Prevention	Achieved
13	Street Children and Vulnerable Groups	Achieved
14	Children in Conflict with Law: Concepts and Issues	Achieved
15	Juvenile Justice (Care and Protection of Children) Act: Overview	Achieved
16	Child Marriage: Causes, Consequences, and Prevention	Achieved
17	Prohibition of Child Marriage Act	Achieved
18	Child Sexual Abuse: Nature and Impact	Achieved
19	Protection of Children from Sexual Offences Act	Achieved
20	Institutional Care: Observation Homes, Shelter Homes	Achieved
21	Non-Institutional Care: Adoption, Foster Care, Sponsorship	Achieved
22	Central Adoption Resource Authority (CARA) Guidelines	Achieved
23	Child Welfare Committees (CWC): Structure and Role	Achieved
24	Juvenile Justice Boards (JJB): Structure and Functions	Achieved
25	Integrated Child Protection Scheme (ICPS)	Achieved
26	Role of Police and Judiciary in Child Protection	Achieved
27	Role of NGOs and Civil Society	Achieved
28	Role of Social Worker in Child Protection	Achieved
29	Case Management in Child Protection Practice	Achieved
30	Counselling Skills for Children	Achieved
31	Trauma-Informed Care in Child Protection	Achieved
32	Community-Based Child Protection Mechanisms	Achieved
33	School-Based Child Protection Programs	Achieved
34	Child Protection in Disaster and Emergency Situations	Achieved
35	Cyber Safety and Online Protection of Children	Achieved
36	Monitoring and Evaluation of Child Protection Programs	Achieved
37	Ethical Issues in Child Protection Practice	Achieved
38	Gender Perspectives in Child Protection	Achieved
39	Children with Disabilities and Protection Concerns	Achieved
40	Case Studies and Field Work Integration	Achieved

Learning Material

In order to ensure child rights practices and in response to India's commitment to UN declaration to this effect, the government of India set up a National Commission for Protection of Child Rights (NCPCR). The Commission is a statutory body notified under an Act of the Parliament on December 29, 2006. Besides the chairperson, it will have six members from the fields of child health, education, childcare and development, juvenile justice, children with disabilities, elimination of child labour, child psychology or sociology and laws relating to children. The National Commission for Protection of Child Rights emphasises the principle of universality and inviolability of child rights and recognizes the tone of urgency in all the child related policies of the country. For the Commission, protection of all children in the 0 to 18 years age group is of equal importance. Policies define priority actions for the most vulnerable children. This includes focus on regions that are backward or on communities or children under certain circumstances. The NCPCR believes that while addressing only some children, there could be a fallacy of exclusion of many vulnerable children who may not fall under the defined or targeted categories. In its translation into practice, the task of reaching out to all children gets compromised and a societal tolerance of violation of child rights continues. Therefore, it considers that it is only in building a larger atmosphere in favour of protection of children's rights, that children who are targeted become visible and gain confidence to access their entitlements.

Children's rights are the rights of special protection and care afforded to the young including their right to association with both of biological parents, their identity as well as the basic needs for food, universal state-paid education and health care. Interpretations of children's rights range from allowing children the capacity for autonomous action to the enforcement of children being physically, mentally and emotionally free from abuse. A right is as an agreement or contract established between the persons who hold a right (often referred to as the "rights-holders") and the persons or institutions which then have obligations and responsibilities in relation to the realisation of that right (often referred to as the "duty-bearers".) Child rights are specialised human rights that apply to all human beings below the age of 18. According to the United Nations Convention on Rights of Child (UNCRC), Child Rights are minimum entitlements and freedoms that should be afforded to all persons below the age of 18 regardless of race, color, gender, language, religion, opinions, origins, wealth, birth status or ability and therefore apply to all people everywhere. The purpose of the UNCRC is to outline the basic human rights that should be accorded to children. The following four broad categories of rights cover all civil, political, social, economic and cultural rights of every child.

Result



Central University of Jammu Report Card

Printed On: 10/12/2024

Module: 011
SEMESTER: 3
Course Code: USCWCO177

Session: 2024-2025-DECEMBER-JUL2024 REGULAR
Section: July-December 2024
Course: Child Protection Mechanisms

Year: 2024-2025
Programme: Master of Arts(Social Work)
L-T-P-C:

Sl. No.	Enrollment Number	Student Name	External Assessment	Status	Internal Assessment	Status	TOTAL MARKS	Status	Grade
			50.00		50.00		100.00		
1	22MSOW33	KULSUM	5.75	Present	22.50	Present	28.25	Ok	F
2	22MSOW25	CHIRAG PARASHAR	13.00	Present	30.00	Present	43.00	Ok	P
3	22MSOW26	MURSHIDA	35.75	Present	41.50	Present	77.25	Ok	A
4	23MSOW25	CHRISTINA ROSE GEORGE	30.00	Present	41.50	Present	71.50	Ok	A
5	23MSOW24	THOUFEER ULAL E P	20.75	Present	35.00	Present	55.75	Ok	B
6	23MSOW23	THANU SHARMA	13.00	Present	32.00	Present	45.00	Ok	C
7	23MSOW21	STANZIN NORBOO	23.00	Present	38.00	Present	61.00	Ok	B-
8	23MSOW20	SHAFIQUE KHAN	16.50	Present	39.50	Present	56.00	Ok	B
9	23MSOW19	SANA FATHIM	Absent	Absent	18.00	Present	18.00	FAIL	F
10	23MSOW17	RABIA KOSEER	18.00	Present	38.50	Present	56.50	Ok	B
11	23MSOW16	PRAVEEN P V	16.50	Present	29.50	Present	46.00	Ok	C
12	23MSOW13	NAHNA K A	26.25	Present	39.50	Present	67.75	Ok	B-
13	23MSOW12	MUHAMMED SHAHIN K P	20.25	Present	33.50	Present	53.75	Ok	B
14	23MSOW11	MUHAMMED SAJIL T	26.50	Present	41.50	Present	68.00	Ok	B-
15	23MSOW10	KIRAN JAIN	26.25	Present	45.25	Present	71.50	Ok	A
16	23MSOW09	FIZA BANOO	22.50	Present	32.75	Present	55.25	Ok	B
17	23MSOW08	FAREEDA ZAMAN	12.25	Present	28.50	Present	40.75	Ok	P
18	23MSOW07	BHAVYA T	16.50	Present	23.50	Present	40.00	Ok	P
19	23MSOW05	AMINA KOHLAQ	23.25	Present	31.00	Present	54.25	Ok	B

Activate W

Name of Course- Field work practicum

Semester- M. A. Social Work III

Academic year- 2024-25

Syllabus

Syllabus Semester- III

Course Title: Field Work Practicum-III

Course Credits: 08

Course learning outcomes

The course learning outcomes are as follows:

1. *Develop an understanding of the Organization/Agency/ Institution.*
2. *To develop an understanding of the functioning of an organization in different context.*
3. *Develop an understanding for organization inter action at various levels.*
4. *Building interpersonal and intra-personal skills required for walking in an interdisciplinary team.*

Course Design

- Orientation of organizational structure
- Agency profile (Objectives, goals, Vision, Mission)
- Interpersonal and Intrapersonal Skills
- Term plan
- Understanding the functioning and structure of agency
- Understanding engagement in programmes and policies of the agency

Name of Course- Field work practicum

Semester- M. A. Social Work IV

Academic year- 2024-25

Syllabus

Course Title: Field Work Practicum- IV

Course Credits: 08

Course Learning Outcomes

The course learning outcomes are as follows:

1. *Developing professional attributes emerge as professional social worker.*
2. *Proposing and developing intervention plan in consultation with Agency/ Organization/ Institutions.*
3. *Learning nuances of managing and execution of Projects.*

Course Design

- Project proposal
- Intervention Plan
- Monitoring and evaluation
- Managerial roles and responsibilities
- Liasoning and Networking