

COURSE FILE

Name of Faculty:Dr Vinay Kumar

Course Code:USOW0004T

Name of Course:Psychology for Social Work

Semester:M.A.Social Work Semester I

Academic Year 2022-2023

Course Title: Psychology for Social work

Course Credits: 04

Course Learning Outcomes (CLOs)

1. *To understand human behaviour and its importance in social work profession*
2. *Understand different theoretical perspectives related to human personality*
3. *Understanding the development of various social and cultural notions in the behaviour of individuals*
4. *Understanding practical implication of psychological concepts on societies existence.*
5. *Understand the concept of abnormality and how individuals with abnormality are diagnosed.*
6. *Building skill of using various scales for diagnosing the abnormal behaviour.*

Unit I: Human Growth and Development

- Relationship between Psychology and Social Work
- Debates in Psychology – Nature vs Nurture, Stability vs Change, Rationality vs Irrationality
- Life Span Perspective of Human Development (Jean Piaget, Lawrence Kohlberg, Erik Erickson, Sigmund Freud)

Unit II: Human Personality

- Personality: Concept and Types
- Theories of Personality: Psychoanalytic (Sigmund Freud), Trait (Allport and Cattell), Collective Unconscious (Carl Jung)
- Motivation
- Defense Mechanism

Unit III: Cognitive Psychology

- Sensation, Attention and Perception
- Memory and Forgetting
- Emotions: Concept and Theories
- Learning and Intelligence (Gardner and Sternberg)

Unit IV: Social Psychology

- Prejudices and Stereotyping
- Attitude- Nature, Formation and Persuasion
- Attribution & Bias
- Public Opinion

Unit V: Abnormal Psychology

- Psychological Disorders: An Introduction
- Perspective of Abnormality: Biological and Social
- Classifications
- Stress and Burn-out: Causal Factors and Management

References/ Suggested Readings/ Web links :

1. Morgan, C.T., King, R.A., Weisz, J.R. & Schopler, J. 1993. Introduction to Psychology.. McGraw Hill Education
2. Misra, G. 2011. Handbook of Psychology in India. Oxford University Press
3. Hurlock, E. 2012 Developmental Psychology. McGraw Hill Education



जम्मू केंद्रीय विश्वविद्यालय
Central University of Jammu

परिणाम अधिसूचना सं/ Result Notification No. 08 of 2024
Master Degree Programme : Social Work
REGULAR

It is hereby notified for the information of all the concerned that the Result of the candidates who appeared in
Master Degree Programme : **Social Work** , Sem : I Examination held in **DECEMBER 2023** is declared as under:-

क्रमांक/ Serial No.	अनुक्रमांक/ Roll No	नाम / Name	पिता का नाम / Father's Name	परिणाम / Result	SGPA	Remarks
1	23MSOW01	A.K AHMED SAFWAN	ABDUL RAHIMAN	REAPPEAR	0.00	Back In - MSOW1C005T USOW00003T
2	23MSOW02	ABIN SAM	WILFRED SAM	REAPPEAR	0.00	Back In - MSOW1C005T
3	23MSOW03	AJMAL P V	ABDUL MAJEED P P	REAPPEAR	0.00	Back In - MSOW1C005T USOW00003T USOW00005T
4	23MSOW04	AMANA NISWA K	HUSSAIN KUTTY K	REAPPEAR	0.00	Back In - MSOW1C005T
5	23MSOW05	AMNA IKHLAQ	IKHLAQ HUSSAIN	PASSED	7.00	PASSED
6	23MSOW06	AZIM MALIK P	MUSTHAFA P	REAPPEAR	0.00	Back In - MSOW1C005T USOW00003T
7	23MSOW07	BHAVYA T	SATHYAN T	REAPPEAR	0.00	Back In - MSOW1C005T
8	23MSOW08	FAREEDA ZAMAN	MUJEEB UL ZAMAN	PASSED	6.38	PASSED
9	23MSOW09	FIZA BANOO	AHMAD ALI	PASSED	7.31	PASSED
10	23MSOW10	KIRAN JAIN	RAJESH JAIN	PASSED	8.62	PASSED
11	23MSOW11	MOHAMMED SAJIL T	SALEEM T	PASSED	7.08	PASSED
12	23MSOW12	MUHAMMED SHAHIN K P	ABDUL AZEEZ	REAPPEAR	0.00	Back In - MSOW1C005T
13	23MSOW13	NAHNA K A	ARAZAD KHAN K R	PASSED	8.00	PASSED
14	23MSOW16	PRAVEEN.P.V	VINOD.P	REAPPEAR	0.00	Back In - USOW00003T USOW00006T
15	23MSOW17	RABIA KOSER	DIL MIR	PASSED	6.92	PASSED
16	23MSOW18	SAHAD S P	M K ABDUL AZEEZ	REAPPEAR	0.00	Back In - MSOW1C005T USOW00006T
17	23MSOW19	SANA FATHIM	SULAIMAN M	REAPPEAR	0.00	Back In - MSOW1C005T MSOW1C006T USOW00003T
18	23MSOW20	SHAFIQUE KHAN	ALI AHMAD KHAN	PASSED	7.23	PASSED
19	23MSOW21	STANZIN NORBOO	TSERING DORJAY	PASSED	7.77	PASSED

Lecture No	Topics covered	Status
1	Concept of Human Growth	Achieved
2	Concept of Development	Achieved
3	Relationship between psychology and social work	Achieved
4	Debates in psychology	Achieved
5	Nature vs Nurture	Achieved
6	Stability vs Change	Achieved
7	Rationality vs Irrationality	Achieved
8	Life Span Perspective of Human Development	Achieved
9	Jean piaget perspective	Achieved
10	Lawrence Kohlberg perspective	Achieved
11	Erik Erikson perspective	Achieved
12	Sigmund Freud perspective	Achieved
13	Concept of Personality	Achieved
14	Types of Personality	Achieved
15	Theories of Personality	Achieved
16	Psychoanalytic (sigmund Freud)	Achieved
17	Trait(All port and cattel)	Achieved
18	Collective unconcious	Achieved
19	Motivation	Achieved

20	Defence mechanism	Achieved
21	Concept of cognitive psychology	Achieved
22	Concept of sensation	Achieved
23	Concept of Attention	Achieved
24	Concept of perception	Achieved

25	Concept of Memory	Achieved
26	Concept of forgetting	Achieved
27	Concepts of emotions	Achieved
28	Theories of emotion	Achieved
29	Concept of learning	Achieved
30	Concept of intelligence(Gardner and Stenberg)	Achieved
31	Concept of social psychology	Achieved
32	Concept of prejudice , stereotyping,	Achieved
33	Concept of Attitude,Natur,Formation and persuasion	Achieved
34	Attributes and Bais in social psychology	Achieved
35	psychology Disorder	Achieved
36	Perspective of Abnormality:Biological and social	Achieved
37	Classification of Abnormality	Achieved
38	Casual factory and Management of stress	Achieved



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रह्या-सुचानी (बगला), जिला सांबा - 181143, (जम्मू और कश्मीर)
Rahya-Suchani (Bagla), District: Samba - 181143, Jammu (J&K)

Roll No.

SEMESTER MAJOR EXAMINATIONS – DEC 2023 [Set-2]

Programme	: M A in Social Work	Semester	: I
Course Name	: Psychology for Social Work	Course Code	: USOW00004T
Duration	: 3 Hours	Credits	: 04
Maximum Marks	: 100	Minimum Marks	: 20

After pursuing this course, the student will be able to:

CO 01	To understand human behaviour and its importance in social work profession
CO 02	Understand different theoretical perspectives related to human personality
CO 03	Understanding the development of various social and cultural notions in the behaviour of individuals
CO 04	Understanding practical implication of psychological concepts on societies existence.
CO 05	Understand the concept of abnormality and how individuals with abnormality are diagnosed.
CO 06	Building skill of using various scales for diagnosing the abnormal behaviour.

Part A		Total Marks	
Every Short Answer Type Logical Questions of 04 marks related to different COs		4X5=20	
No.	Statement	Levels	CO
1.	Interpret the idea of ID, EGO & Super Ego given by Freud.	1,2	1,2
2.	Define Motivation along with its importance and factors associated with it.	1,3	2,3
3.	Explain Learning and its relation to classical conditioning. Give Example.	1,2	3,4
4.	Define Attitude? How are they formed and suggest ways to bring about attitudinal change.	2,3	4,5
5.	What is Schizophrenia? Describe any two therapies in dealing with such patients?	1, 2	5,6
PART B		Total Marks	
Short Answer Type Analytical Questions of 8 marks related to different COs		8X5=40	
6.	Analyze the Stability vs. Change debate in context to individual behaviour in society?	2,4,6	1,2
7.	What is personality? Explain Trait theories of personality with suitable examples.	1,2,4	2,3,4
8.	What are emotions and how are they distinct from feelings? Explain any theory of emotion with suitable example.	1,2,4	3,4
9.	Prejudice & bias lead to discrimination and social injustice- Critically analyze with examples.	2,3,4	3,4,5
10.	Define Personality Disorders (PD) and discuss characteristics of person with Obsessive-Compulsive PD	2,4,5	5,6
Part C		Total Marks	
Long Answer Type Descriptive Questions of 20 marks related to different Cos (Only Two questions to be attempted)		20X2=40	
1.	Explain the views of Erikson on Psychosocial Development across Human life span with real life examples.	2,4,6	1,2
2.	We are always interested in knowing why others act as they do, in this context, explain Attribution and the various factors associated with it.	2,4,6	3,4,5
3.	Youth are under constant Stress in modern societies. Discuss GAS theory, causal factors of stress and suggest coping mechanism to lead a healthy social life.	4,5,6	2,3,5,6

Learning Material

Personality refers to the enduring, unique patterns of behavior, emotions, and thoughts that define an individual, shaped by hereditary, environmental, and psychological factors. Key frameworks include the Big Five (OCEAN), Type A/B, and Jungian types. Personality is assessed via objective, projective, and behavioral tests.

Maharaja College , Ara +5

Key Personality Types and Theories

- **Big Five Personality Traits (OCEAN Model):** Openness to Experience, Conscientiousness, Extraversion, Agreeableness, and Neuroticism.
- **Type A and Type B Personality Theory:** Type A individuals are competitive, aggressive, and time-conscious, while Type B individuals are relaxed, easy-going, and patient.
- **Jung's Types:** Carl Jung categorized individuals into **Introverts** (inward-focused) and **Extroverts** (outward-focused), further categorized by functions like thinking, feeling, sensation, and intuition.
- **Type X/Y/Z Theory (Personality Types):** Describes types such as Expressive (spotlight-loving), Analytical (detail-oriented), and Amiable (reliable).
- **Physiological Theories:** Sheldon classified personalities based on body types: Endomorphs (relaxed), Ectomorphs (reserved), and Mesomorphs (adventurous).

Common Personality Assessment Methods

- **Objective Tests:** Structured questionnaires, such as the MMPI or NEO-PI.
- **Projective Tests:** Using ambiguous stimuli to explore the subconscious, like the Rorschach Inkblot Test.
- **Behavioral Assessment:** Evaluation through observation in real-life situations.

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For in-depth, downloadable materials, you can search for PDF resources from educational institutions, including this overview of Personality Traits from MANUU and a comprehensive guide to personality types from Was-Oly. Additionally, this Scribd document on personality types provides a detailed overview.