

**Learning Outcomes-based Curriculum Framework (LOCF)  
As Envisioned in NEP 2020**



**Name of the Programme: M.A. SOCIAL WORK  
(2025)**

**Revision of Courses**

**Department of Social Work**

**Central University of Jammu  
Bagla Rahya Suchani, Dist Samba, J&K**

**Course Title: Theory and Skills of working with Individuals**

**Course Credits: 04**

**Course Learning Outcomes (CLOs)**

The course learning outcomes are as follows:

1. *Understand an individual as a bio-psycho-social phenomenon.*
2. *Understand the impact of environmental factors on the personality and situation of the client*
3. *Undertake the process of working with individuals*
4. *Use the therapeutic approaches in casework*
5. *Practice the tools and techniques that are essentially needed by social workers working in organisational settings.*

**Unit I: Social Case work: Concept**

- Social Case work: Concept and Definition
- Historical context- India, UK and USA
- Principles of Social Casework
- Components of Case work

**Unit II: Relationship & Approaches**

- Client-Worker Relationship
- Understanding Client Systems
- Case work Process
- Approaches- Diagnostic- Functional Approach, Ecological Approach, Psychosocial Approach, Eclectic Approach

**Unit III: Models and Therapies of Social Case work**

- Problem Solving Model
- Behavioural-Modification Therapy
- Gestalt Therapy
- Crisis Intervention Model
- Task Centered Model
- Existential Model

**Unit IV: Practical Approach to Social Case work-I**

- Intervention techniques
- Supervision in Social Case work
- Tools of Case work: Verbal and non-verbal communication, Interview, Home Visit
- Digital technology in Case work

**Unit V: Practical Approach to Social Case work-II**

- Recording: Process, Narrative and Summary
- Counselling: Steps and Process
- Counselling techniques- Active listening, Paraphrasing, Catharsis, Reflective and Logical Discussion
- Case Presentation in Different Settings: Educational, Health, Career Guidance, Family, Correctional and Disability

**References/ Suggested Readings/ Web links :**

1. Hamilton, G.2013. Theory and Practice in Social Case work. Rawat Publications
2. Mathew, G. 1993. An Introduction to Social Case work. TISS
3. Upadhyay, R.K. 2014. Social Case work. Rawat Publications
4. Perlman, H.H. 2011. Social Case work- A Problem Solving Approach. Rawat Publications
5. Johnson, L.C. & Yanca, S.J. 2010. Social work practice- A Generalist Approach. PHI Learning
6. Biestek, F. 1961. The Case work Relationship. Allyn and Bacon
7. Hollis, F. 1964. Casework: A Psychosocial Therapy. McGraw Hill
8. Ramakrishnan, P.K. 2013. Social Work Counselling. Black Prints.
9. R.L. Gibson, M.H. Mitchel. 2014. Introduction to Counseling & Guidance. PHI Learning Pvt. Ltd.
10. Healy, K. 2012. Social Work Methods and Skills. Palgrave MacMillan

**Web-links**

1. Understanding casework <https://www.jstor.org/stable/30016762?seq=1>
2. Casework client relationship. <https://www.jstor.org/stable/23700520?seq=1>
3. Person-in- environment perspectives <https://www.jstor.org/stable/23713510?seq=1>
4. Functional school <https://www.jstor.org/stable/23714687?seq=1>
5. Counselling <https://www.jstor.org/stable/30020014?seq=1>
6. Recording <https://www.jstor.org/stable/43759897?seq=1>

**Course Title: Criminology and Correctional Services****Course Credits: 04****Course Learning Outcome**

The course learning outcomes are as follows:

1. *Understand the relationship between crime, society and social problems.*
2. *Understand the emergence of the concept of crime and its relation to human behaviour.*
3. *Learning about the concept of social defence and correctional services*
4. *Develop and understanding about structures dealing with punishment of criminals nationally and globally.*
5. *Building understanding about crime prevention and role of different stakeholders in crime prevention.*
6. *Building the skill of how to engage with crime prevention as a professional social worker.*

**Unit I: Crime and Criminology**

- Crime: Concept, Causation and its Relation to Social Problems
- Theories of Crime
- Criminology: Definition, Nature and Scope
- Changing Dimensions of Crime: Cyber Crimes- Frauds and Pornography
- Sexual Harassment at Work Place, Rape, Acid Attack

**Unit II: Social Defense and Correctional Services**

- Social Defense: Philosophy and Concept
- Correctional Services: Philosophy and Concept
- Punishment: Meaning, Aims, philosophy and Theories of Punishment
- Types Punishment and Objectives of Punishment

**Unit III: Criminal Justice System I**

- Indian Legal System and its Operational Instruments: BNS(IPC), NSS (CrCP)
- Criminal Justice System in India: Components, Processes and Perspectives
- Police, Prosecution, Judiciary
- Correctional institutions

**Unit IV: Criminal Justice System II**

- Probation and Parole: Concept and Effectiveness
- Prisons: Types
- Prisoners: Classification
- UN Standard Minimum Rules for Treatment of Prisoners and other Standard Settings

**Unit V: Crime Prevention Need and Scope of Social Work Intervention**

- Crime Prevention: Conceptual Definition of Crime Prevention, History of Crime Prevention, Primary, Secondary and Tertiary Crime Prevention,
- Role of Judiciary in Crime Prevention:
- Public Interest Litigation
- Victimology: Study of Victims of Crime, Victim Compensation.

**References/ Suggested Readings/ Web links:**

- 1 Ahuja, R. 2012. Criminology: Rawat Publications
- 1 Ahuja, R. 2014 Social Problems in India. Rawat Publications
- 1 Akers, R. L & Sellers, C. S. 2004. Criminological Theories: Rawat Publications.
- 1 Bhattacharya, S.K. 2003. Social Defense-An Indian Perspective: Regency Publications