

COURSE FILE

Name of Faculty:Dr Vinay Kumar

Name of Course: psychology for social work

Semester:M.A.Social Work Semester I

Academic Year 2023-2024

Course Title: Psychology for Social work

Course Credits: 04

Course Learning Outcomes (CLOs)

1. *To understand human behaviour and its importance in social work profession*
2. *Understand different theoretical perspectives related to human personality*
3. *Understanding the development of various social and cultural notions in the behaviour of individuals*
4. *Understanding practical implication of psychological concepts on societies existence.*
5. *Understand the concept of abnormality and how individuals with abnormality are diagnosed.*
6. *Building skill of using various scales for diagnosing the abnormal behaviour.*

Unit I: Human Growth and Development

- Relationship between Psychology and Social Work
- Debates in Psychology – Nature vs Nurture, Stability vs Change, Rationality vs Irrationality
- Life Span Perspective of Human Development (Jean Piaget, Lawrence Kohlberg, Erik Erickson, Sigmund Freud)

Unit II: Human Personality

- Personality: Concept and Types
- Theories of Personality: Psychoanalytic (Sigmund Freud), Trait (Allport and Cattell), Collective Unconscious (Carl Jung)
- Motivation
- Defense Mechanism

Unit III: Cognitive Psychology

- Sensation, Attention and Perception
- Memory and Forgetting
- Emotions: Concept and Theories
- Learning and Intelligence (Gardner and Sternberg)

Unit IV: Social Psychology

- Prejudices and Stereotyping
- Attitude- Nature, Formation and Persuasion
- Attribution & Bias
- Public Opinion

Unit V: Abnormal Psychology

- Psychological Disorders: An Introduction
- Perspective of Abnormality: Biological and Social
- Classifications
- Stress and Burn-out: Causal Factors and Management

References/ Suggested Readings/ Web links :

1. Morgan, C.T., King, R.A., Weisz, J.R. & Schopler, J. 1993. Introduction to Psychology.. McGraw Hill Education
2. Misra, G. 2011. Handbook of Psychology in India. Oxford University Press
3. Hurlock, E. 2012 Developmental Psychology. McGraw Hill Education



जम्मू केंद्रीय विश्वविद्यालय
Central University of Jammu

परिणाम अधिसूचना सं/ Result Notification No. 08 of 2024
Master Degree Programme : Social Work
REGULAR

It is hereby notified for the information of all the concerned that the Result of the candidates who appeared in Master Degree Programme : Social Work , Sem : I Examination held in DECEMBER 2023 is declared as under:-

क्रमांक/ Serial No.	अनुक्रमांक/ Roll No	नाम / Name	पिता का नाम / Father's Name	परिणाम / Result	SGPA	Remarks
1	23MSOW01	A.K AHMED SAFWAN	ABDUL RAHIMAN	REAPPEAR	0.00	Back In - MSOW1C005T USOW0003T
2	23MSOW02	ABIN SAM	WILFRED SAM	REAPPEAR	0.00	Back In - MSOW1C005T
3	23MSOW03	AJMAL P V	ABDUL MAJEED P P	REAPPEAR	0.00	Back In - MSOW1C005T USOW0003T USOW00005T
4	23MSOW04	AMANA NISWA K	HUSSAIN KUTTY K	REAPPEAR	0.00	Back In - MSOW1C005T
5	23MSOW05	AMNA IKHLAQ	IKHLAQ HUSSAIN	PASSED	7.00	PASSED
6	23MSOW06	AZIM MALIK P	MUSTHAFA P	REAPPEAR	0.00	Back In - MSOW1C005T USOW00031
7	23MSOW07	BHAVYA T	SATHYAN T	REAPPEAR	0.00	Back In - MSOW1C005T
8	23MSOW08	FAREEDA ZAMAN	MUJREB UL ZAMAN	PASSED	6.38	PASSED
9	23MSOW09	FIZA BANOO	AHMAD ALI	PASSED	7.31	PASSED
10	23MSOW10	KIRAN JAIN	RAJESH JAIN	PASSED	8.62	PASSED
11	23MSOW11	MOHAMMED SAJIL T	SALEEM T	PASSED	7.08	PASSED
12	23MSOW12	MUHAMMED SHAHIN K P	ABDUL AZEEZ	REAPPEAR	0.00	Back In - MSOW1C005T
13	23MSOW13	NAHNA K A	ARAZAD KHAN K R	PASSED	8.00	PASSED
14	23MSOW15	PRAVEEN P V	VINOD P	REAPPEAR	0.00	Back In - USOW00003 USOW00006
15	23MSOW17	RABIA KOSER	DIL MIR	PASSED	6.92	PASSED
16	23MSOW18	SAHAD S P	M K ABDUL AZEEZ	REAPPEAR	0.00	Back In - MSOW1C00 USOW00000
17	23MSOW19	SANA FATIHM	SULAIMAN M	REAPPEAR	0.00	Back In - MSOW1C00 MSOW1C00 USOW00000
18	23MSOW20	SHAFIQUE KHAN	ALI AHMAD KHAN	PASSED	7.23	PASSED
19	23MSOW21	STANZIN NORBOO	TSERING DORJAY	PASSED	7.77	PASSED

Lecture No	Topics covered	Status
1	Concept of Human Growth	Achieved
2	Concept of Development	Achieved
3	Relationship between psychology and social work	Achieved
4	Debates in psychology	Achieved
5	Nature vs Nurture	Achieved
6	Stability vs Change	Achieved
7	Rationality vs Irrationality	Achieved
8	Life Span Perspective of Human Development	Achieved
9	Jean piaget perspective	Achieved
10	Lawrence Kohlberg perspective	Achieved
11	Erik Erikson perspective	Achieved
12	Sigmund Freud perspective	Achieved
13	Concept of Personality	Achieved
14	Types of Personality	Achieved
15	Theories of Personality	Achieved
16	Psychoanalytic (sigmund Freud)	Achieved
17	Trait(All port and cattel)	Achieved
18	Collective unconcious	Achieved
19	Motivation	Achieved

20	Defence mechanism	Achieved
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21	Concept of cognitive psychology	Achieved
22	Concept of sensation	Achieved
23	Concept of Attention	Achieved
24	Concept of perception	Achieved
25	Concept of Memory	Achieved
26	Concept of forgetting	Achieved
27	Concepts of emotions	Achieved
28	Theories of emotion	Achieved
29	Concept of learning	Achieved
30	Concept of intelligence(Gardner and Stenberg)	Achieved
31	Concept of social psychology	Achieved
32	Concept of prejudice , stereotyping,	Achieved
33	Concept of Attitude,Natur,Formation and persuasion	Achieved
34	Attributes and Bais in social psychology	Achieved
35	psychology Disorder	Achieved
36	Perspective of Abnormality:Biological and social	Achieved
37	Classification of Abnormality	Achieved
38	Casual factory and Management of stress	Achieved

Learning Material

Sigmund Freud's psychoanalytic theory posits that human behavior is driven by unconscious desires, memories, and conflicts, primarily structured around the interaction of the id, ego, and superego.

ID:

Resides completely at the unconscious level.

Acts under the pleasure principle immediate gratification, not willing to compromise, generates all of the personality's energy

SUPEREGO

The moralist and idealistic part of the personality

Resides in preconscious

Operate on "ideal principle"

Begins forming at 4-5yrs of age

Essential your "conscience"

EGO

Resides in all levels of awareness

Operate under "reality principle"

Attempts negotiation between id and superego to satisfy both realistically

Psychosexual Development

Stages of development in which conflict over ID's impulses plays out

Ego must control these impulses

If not resolved, psychological issues can Emergency later in life

A child at a given stage of development has certain needs and demands frustration or overindulgence that results in fixation, where the stage one is fixation in which dominates and affects his adult personality.

1 Oral stage(birth-18 months): erogenous zone is the mouth and sucking and biting lead to satisfaction.

Frustration:pessimism,envy,suspicion and sarcasm

Overindulgence:optimistic,gullible and is full of admiration for others around him

Primary conflict:weaning deprives the child of the sensory pleasures of nursing and of the psychological pleasure of being cared for,mothered

2 Anal stage(18-36months): obsession with the erogenous zone of the anus and with the retention or expulsion of the feces-conflict with parents/societal pressure

Anal exclusive character: messy, disorganized, reckless, careless, and defiant.

Anal retentive

character: neat, precise, orderly, careful, stingy, withholding, obstinate, meticulous, and passive-aggressive

The resolution of the Anal stage permanently affects the individual propensities to possession and attitudes towards authority.

3 Phallic stage: (3-6 yrs): The Phallic stage is the setting for the greatest, most crucial sexual conflict in Freud's model of development. In this stage, the child's erogenous zone is the genital region.

4 Latency period: a period in which the sexual drive lies dormant. During the Latency period, children pour this depressed libidinal energy into asexual pursuits such as school, aesthetics, and same-sex friendship.

5 Genital stage: child's energy once again focuses on his genitals, interest turns to heterosexual relationship. The less energy the child has left invested in unresolved psychosexual development, the greater his capacity will be to develop normal relationships with the opposite sex.

