Course Title: Shamanic Traditions

Course Code

Course Description:

The course is oriented with a comprehensive understanding of the History of Buddhism and Jainism that enables to comprehend the philosophies of both religions on a rational outlook. This course also develops an understanding of the purpose of Religion in society. Besides this, this course is also designed to enlighten the students to rectify the various philosophical dimensions of various religions and their practical practices in their life.

Course Objectives:

- 1. To provide a complete understanding of Buddhism and Jainism.
- 2. To understand the philosophy of both Religions with philosophical solutions.
- 3. To train the student to develop peace at national and international levels.
- 4. To develop the understanding of true Religion among the society.
- 5. To have a comparative Outlook of world religions.
- 6. To identify the various philosophical unrest and enlighten the surrounding communities.

Learning Outcomes:

LO1: Understand the historical origins and development of Buddhist and Jain traditions, including the lives of Gautam Buddha and Mahavira, and the emergence of different sects within each tradition.

LO2: Identify and analyze the basic tenets of Buddhist tradition, such as the Four Noble Truths, the Eightfold Path, the theory of dependent origination, and the concepts of karma, rebirth, and nirvana.

LO3: Identify and analyze the basic tenets of Jainism, including the Nine Tattvas, the Pancha Mahavratas (Five Great Vows), the Triratna (Three Jewels), and the theory of Anekantavada (Non-absolutism).

LO4: Explore and evaluate the relevance of Buddhist literature, including early Buddhist texts, post-canonical literature, and Buddhist Hybrid Sanskrit literature in understanding the teachings and practices of Buddhism.

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LO5: Explore and evaluate the relevance of Jain literature, including the Agama literature, post-Agama literature, and commentaries, in understanding the teachings, principles, and practices of Jainism.

LO6: Analyze and compare the similarities and differences between Buddhist and Jain traditions in terms of their philosophical foundations, ethical principles, meditative practices, and approaches to attaining liberation and enlightenment.

1. Introduction to Buddhist and Jain Tradition

- 1.1 Life of Gautam Buddha and Origin of Buddhist Tradition
- 1.2 Life of Mahavira and Origin of Jain Tradition
- 1.3 Sects of Buddhist and Jain Tradition

2. Basic Tenets of Buddhist Tradition

- 2.1 Four Noble Truths and Eight-Fold Path
- 2.2 Theory of Paticcasamuppada (Dependent origination)
- 2.3 Concept Karma, rebirth and Nirvana

3. Basic Tenets of Jainism

- 3.1 Nine Tattvas
- 3.2 Pancha Mahavratas and Triratna
- 3.3 Theory of Anekantavada

4. Buddhist Literature and its Relevance

- 4.1 Early Buddhist Literature
- 4.2 Post Canonical
- 4.3 Buddhist Hybrid Sanskrit Literature

5. Jain Literature and its Relevance

- 5.1 Agama Literature
- 5.2 Post Agama Literature
- 5.3 Commentarial Literature

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Suggested Reading:

- 1. A History of Indian Buddhism: From Sakyamuni to Early Mahayana by Hirakawa Akira
- 2. The Buddha and His Dhamma by Dr. B.R. Ambedkar
- 3. The Jain Path: Ancient Wisdom for an Age of Anxiety by Aidan Dhammika
- 4. The World of Buddhism: Buddhist Monks and Nuns in Society and Culture by Heinz Bechert and Richard Gombrich
- 5. The Jain Saga: Brief Introduction to Jainism by Manoj Jain
- 6. The Life of Mahavira by Hemacandra
- 7. Buddhist Scriptures translated by Edward Conze
- 8. Jain Philosophy and Practice I: Jaina Education Series by Pravin K. Shah
- 9. Buddhism: The Path to Awakening by Robert E. Buswell Jr. and Donald S. Lopez Jr.
- 10. The Jain Path: Ancient Wisdom for an Age of Anxiety by Aidan Dhammika
- 11. 2500 Years of Buddhism- PV Bapat (ed.), Publication Division, Govt. of India, Delhi.
- 12. A History of Indian Buddhism- SR Goyal, Kusumajali Prakshan, Meerut, 1987.
- 13. Bauddha Darshan Prasthan- Ram Shankar Tripathi, Central University of Tibetan Studies, Sarnath, 1997.
- 14. Bauddha Dharma Darshan- Acharya Narendra Dev, Motilal Banarsidass, Delhi.
- 15. Bauddha Dharma Mimamsa- Baldev Upadhyay, Chowkhambha Vidya Bhawan, Varanasi, 2011.
- 16. Bauddha Prajñā Sindhu (vols.1to7), B. Labh (ed.), New Bhartiya Book Corporation, Delhi.
- 17. Buddhist Sects in India-N. Dutt, New Bhartiya Book Corporation, Delhi, 2012. 24
- 18. History of Pali Literature (2 vols.)- B.C. Law, Indological Book House, Delhi.
- 19. Pali Sahitya ka Itihas- Bharat Dingh Upadhyay, Hindi Sahitya Sammelan, Prayag.
- 20. Pañña in Early Buddhism-Baidyanath Labh, Eastern Book Linkers, Delhi, 1991.
- 21. Jain source of the History of Ancient India by Dr. Jyoti parsad jain Pub. Munshiram Manoharlal Delhi -6
- 22. Doctrines of Jainas by W. Schubring MLBD-Delhi.
- 23. History of Canonical literature of Jain by H.P. Kapadia Bombay.
- 24. Religion and culture of Jainas by Dr. Jyoti parsad Jain Pub. Bhartiya Jnanapith Publication, Delhi.

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