

Course Title: History of Jammu Kashmir and Ladakh

Course Code

Course Description:

This course provides a comprehensive exploration of the history of Jammu, Kashmir, and Ladakh, spanning from ancient times to recent approaches. Students will gain an understanding of the geographical and historical overview of the region, drawing insights from literary and archaeological sources. The course delves into the cultural heritage and historical significance of Gilgit Baltistan and the Sapta Sindhu region. It examines prehistory and protohistory, including the Indus Valley Civilization and its connections to the region. Additionally, the course explores the various dynasties, socio-cultural developments, and artistic achievements in ancient Jammu and Kashmir. The Ladakhi kingdoms and their connections to the Silk Route are studied, with a focus on cultural exchanges and Buddhist art and architecture. The Sikh rule, the Dogra Dynasty, and the consequences of the Anglo-Sikh War are analyzed. Lastly, recent approaches to Jammu, Kashmir, and Ladakh are explored, including archaeological research, the analysis of artefacts and structures, and the need for rewriting the ancient history of Jammu Kashmir and Ladakh through specific sites and remains.

Course Objectives:

1. To provide students with a comprehensive understanding of the history of Jammu, Kashmir, and Ladakh, from ancient times to recent approaches.
2. To explore the geographical and historical context of the region, drawing insights from literary and archaeological sources.
3. To study the various dynasties, socio-cultural developments, and artistic achievements in ancient Jammu and Kashmir.
4. To understand the Ladakhi kingdoms and their connections to the Silk Route, including cultural exchanges and Buddhist art and architecture.
5. To analyze the Sikh rule, Dogra Dynasty, and the consequences of the Anglo-Sikh War in Jammu and Kashmir.
6. To explore recent approaches in Jammu, Kashmir, and Ladakh, including archaeological research, the analysis of artifacts and structures, and the rewriting of ancient history through specific sites and remains.

Learning Outcomes:

LO1: Demonstrate a comprehensive understanding of the history of Jammu, Kashmir, and Ladakh, including its geographical and historical context.

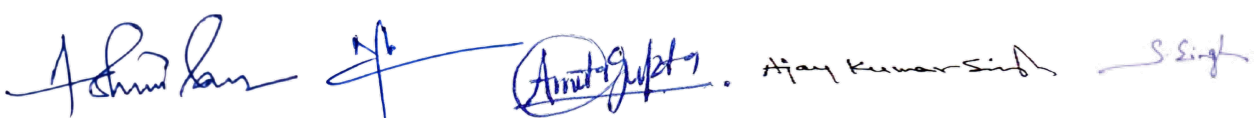
LO2: Evaluate and analyze literary and archaeological sources to gain insights into the region's history.

LO3: Recognize and appreciate the cultural heritage and historical significance of Gilgit Baltistan and the Sapta Sindhu region.

LO4: Explain the prehistoric and protohistoric periods in Jammu, Kashmir, and Ladakh, with a focus on the Indus Valley Civilization and its connections.

LO5: Assess the socio-cultural developments and artistic achievements in ancient Jammu and Kashmir.

LO6: Describe the Ladakhi kingdoms and their interactions along the Silk Route, particularly in terms of cultural exchanges and Buddhist art and architecture.

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1. Introduction to the History of Jammu, Kashmir, and Ladakh

- 1.1 Geographical and historical overview: Understanding the geographical context of the Region
Exploration of literary and archaeological sources: Neelmat Purana, Vishnudharmototar Purana, Rajatarangini, Epics
- 1.2 Exploring the Cultural Heritage and Historical Significance of Gilgit Baltistan, Significance of the Sapta Sindhu Region
- 1.3 Prehistory and Proto History in Jammu, Kashmir and Ladakh Study of prehistoric and protohistoric periods in the region, Examination of the Indus Valley Civilization and its Connections to the region.

2. Jammu and Kashmir Kings, Dynasties

- 2.1 Ancient Jammu and Kashmir kingdoms: Exploration of Kanyakubja Kingdom, Nagasena Kingdom, Kamboja Kingdom, Yaudheya Kingdom, Guptas of Jammu, Karkota Kingdom, Utpala Dynasty, Lohara Dynasty, Sankari Dynasty, Udashanda Kingdom
- 2.2 Socio-cultural Developments and Artistic Achievements in Ancient Jammu and Kashmir
- 2.3 Significance of Samrat Lalitaditya Muktapada in Kashmir History and Significance of Kishtwar Region in Jammu History

3. Ladakhi Kingdoms and Silk Route Connections

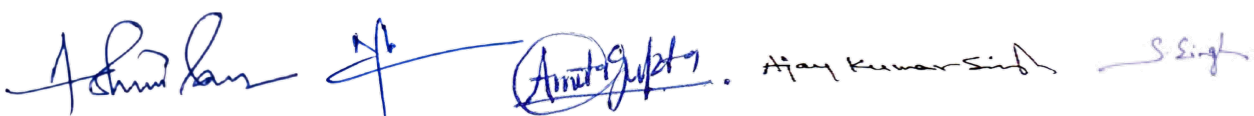
- 3.1 Ancient Ladakhi kingdoms: Examination of Namgyal and Gonpa dynasties in Ladakh
- 3.2 Cultural Exchanges along the Silk Route and their Impact on Ladakh
- 3.3 Buddhist Art and Architecture in Ancient Ladakh

4. Sikh, Dogra Dynasty, and British Invasion

- 4.1 Sikh Rule in Jammu and Kashmir
- 4.2 Examination of the Dogra Dynasty and its Impact on Jammu and Kashmir
- 4.3 Analysis of the Anglo-Sikh War and its Consequences for the Region

5. Recent Approaches to Jammu, Kashmir, and Ladakh

- 5.1 Overview of Archaeological Research in Jammu, Kashmir, and Ladakh
- 5.2 Analysis of archaeological evidence to uncover insights about ancient civilizations and cultures.
- 5.3 Analysis of Artifacts, Structures, and Remains to Rewrite Ancient History of Jammu and Kashmir, Examination of specific sites such as Martand Temple, Nagseini Group of Temple Architecture, Doda Archaeological Remains, etc.

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Suggested Reading:

1. Chatterjee, Partha. "The Political Economy of Art in Ancient India: Its Socio-Economic Context." *Economic and Political Weekly*, vol. 25, no. 9, 1990, pp. 488-496.
2. Dani, Ahmad Hasan. "Archaeological Explorations in Jammu and Kashmir." *Proceedings of the Indian History Congress*, vol. 41, 1980, pp. 201-204.
3. Dani, Ahmad Hasan, and Chitra M. Dani. "Indus Valley Civilization in Jammu and Kashmir." In *Recent Trends in Archaeology*, edited by K.N. Dikshit and Jutta Kappel, pp. 45-51. B.R. Publishing Corporation, 2012.
4. Kapoor, A.N., et al. "The Ladakh and Zaskar Himalaya." In *Geology of the Northwest Himalaya*, edited by M.O. Beg and B.C. Bhattacharya, pp. 349-363. Springer, 2018.
5. Kaul, H.N. "Lalitaditya and his Cultural Contribution to Kashmir." *Proceedings of the Indian History Congress*, vol. 35, 1974, pp. 195-200.
6. Kaul, H.N. "Ancient Kashmir and its Connections with Central Asia." *Proceedings of the Indian History Congress*, vol. 29, 1966, pp. 247-252.
7. Kumar, Raj. "Sikh Rule in Kashmir: A Historical Analysis." *Sikh Formations*, vol. 7, no. 2, 2011, pp. 157-181.
8. Lamb, Alastair. "Silk and Stone: Buddhism and Trade in the Eastern Himalayas." *World Archaeology*, vol. 36, no. 3, 2004, pp. 420-434.
9. Law, Sujata. "Dogra Art and Architecture: A Socio-Historical Perspective." *Proceedings of the Indian History Congress*, vol. 57, 1996, pp. 105-113.
10. Malik, Hafeez. "The Dogra Dynasty: A Political Study." *Proceedings of the Indian History Congress*, vol. 59, 1998, pp. 80-89.
11. Manjul, Tarun. "Indus Script and the Indus Civilization: An Overview." *Pragdhara*, vol. 20, 2010, pp. 37-50.
12. Mukherjee, Bratindra Nath. "Historical Geography of Kashmir and Ladakh: A Review." *Bulletin of the Deccan College Post-Graduate and Research Institute*, vol. 55/56, 1995/1996, pp. 53-62.
13. Narain, A.K. "Kishtwar: An Ancient Kingdom of Jammu." *Proceedings of the Indian History Congress*, vol. 25, 1962, pp. 212-217.
14. Prakash, Satya. "Buddhist Art and Architecture of Ladakh." *Proceedings of the Indian History Congress*, vol. 52, 1991, pp. 386-396.
15. Qadri, Shujaat A. "Jammu in Rajatarangini." *Proceedings of the Indian History Congress*, vol. 72, 2011, pp. 580-584.
16. Raina, D.N. "Ancient History of Jammu and Kashmir." *Proceedings of the Indian History Congress*, vol. 36, 1975, pp. 245-251.
17. Raina, Mohini Qasba. "Gilgit-Baltistan: A Socio-Historical Study." *Proceedings of the Indian History Congress*, vol. 74, 2013, pp. 587-596.
18. Sharma, Kanta. "Art and Architecture of Ancient Jammu." *Proceedings of the Indian History Congress*, vol. 66, 2005, pp. 328-338.
19. Wakhlu, Somnath. "Socio-economic and Cultural Developments in Ancient Kashmir." *Proceedings of the Indian History Congress*, vol. 70, 2009, pp. 506-511.
20. Zutshi, Rajesh. "The Making and Unmaking of the Dogra Dynasty." *Proceedings of the Indian History Congress*, vol. 67, 2006, pp. 538-548.
21. M.L. Kapur: Kashmir in Political Perspective
22. M.K. Kaw: Kashmir: Its Aborigines and Their Exodus
23. B.K. Bassu: Dogra Raj and Its Legacy
24. P.N.K. Bamzai: Culture and Political History of Kashmir, Volume 1
25. R.C. Kak: Ancient Monuments of Kashmir
26. B.R. Dhar: Kashmir: A Historical Perspective
27. Balraj Puri: Jammu and Kashmir: Triumph and Tragedy of Indian Federalism
28. K.N. Pandita: The Distorted History of Jammu and Kashmir

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29. S.D.S Charak: History and Culture of Himachal Pradesh, Vol. IV
30. S.D.S Charak: Zorawar Singh: His Life and Campaigns
31. S.D.S Charak: The Rise and Fall of the Jammu Kingdom: A Historical Perspective
32. Excavations at Burzahom (1960-1971)" by R.S. Fonia in 2022, Publisher: Archaeological Survey of India.

John San   Anand Gupta. Hay Kumar Singh  S Singh