



M.A. Social Work Syllabus

Effective from the academic year 2015-2016

**Department of Sociology & Social Work
Central University of Jammu
Jammu**

**Syllabus and Regulations Governing the Master Degree Programme in Social Work
(M.A. Social Work)
Central University of Jammu, Jammu
Effective from the academic year 2015-2016**

(Semester-3 & Semester-4 syllabus applicable for batch admitted in 2014)

I. **Profile:** The Department of Sociology & Social Work was established in the year 2014. The purpose of the Department is to promote social work education through its academia, research and field based intervention. The Department offers M.A. Social Work – Four Semesters in accordance with the guidelines of the University. The goals of social work education are ‘prevention’, ‘promotion’, ‘development’, ‘therapeutic’ and ‘rehabilitation’. The focus of social work education and practise is to bring purposeful and functional change through education in persons, groups and communities.

The key features of the course are:

1. It is an inter-disciplinary programme drawing strengths from social sciences;
2. Through its validated methods the units of social work intervention are individuals, groups, families, neighbourhoods, communities, social networks, organisations and social policies;
3. Theory and practice are integral part of learning continuum;
4. Social Work knowledge and skills can be applied in wide range of human service – relief, rehabilitation, reform, reconstruction, therapy, corrections and social action.

The students invest one-third of their academic programme in supervised field practice by faculty and stakeholders, in Government and Non-Government human service institutions. Besides it also has an internship programme – ‘on the job training’ before they exit into employment scenario. The social work course being a professional course offers employment opportunities in wide range of social sectors – Central and State Governments, International and National NGOs, Corporate and Industries and Multilateral Agencies – UN / WHO / UNDP / World Bank / UNHRC.

II. Objectives of the Course:

1. To critically understand integration of theory and practice;
2. To provide comprehensive knowledge and skills in the area of human resource development and organisation development;
3. To provide opportunities for personal growth;
4. To promote advocacy in the areas of social policy, right-based entitlements, ecology and environment;
5. To promote social change and empowerment through intervention with people and their environment;
6. To design and promote research for strengthening the knowledge and interventions for quality social work education and application;
7. To instil conscious use of professional values and ethics, a sense of dedication and commitment for an inclusive society.

III. **Title of the Course:** The course shall be called ‘M.A. Social Work’.

IV. **Seats:** Number of seats for M.A. Social Work will be 30.

Deputation and Sponsored Seats 05* (**refer to annexure**)

V. **Eligibility for Admission:** Bachelor’s Degree of at least three years duration from a recognised University with not less than 50% of total marks (45% in case of SC/ST and persons with disabilities).

VI. **Selection Procedure:** Candidates will be selected for admission as per the general guidelines of the University through an entrance test.

VII. **Course Structure:** The Masters Degree Programme in Social Work adopts the model of the Choice-Based Credit System (CBCS) and Continuous Assessment Grading Pattern (CAGP) of the Central University of Jammu Regulations governing Post-Graduate programmes. The Programme comprises of a total of 100 credits. The Programme has four (04) Semesters, spread over a duration of two (02) academic years.

First Year	Semester – 1	Semester – 2
Second Year	Semester – 3	Semester – 4

VIII. **Attendance Requirement:**

1. Theory: As per the University Regulations in force
2. Field Work: Sixteen hours per week and minimum 75% of attendance is a must for Field Work. **A candidate who fails to satisfy the attendance requirement in Field Work shall repeat the SEMESTER AND NO PROMOTION IS ALLOWED.**

IX. **Inter-Disciplinary Course:**

1. The students have to take up one University-wide Elective (U) of their choice offered by any Department in the University as per University Rules.
2. The Department will offer (01) one Course to the students of other Departments of the University under the University-wide Elective (U) system as per University Rules.

X. **Field Work Practicum and Significance in Social Work Education:** The field work Practicum is the signature pedagogy of social work education. It emphasises direct experience of social work students in the areas of social work practice. Field work practicum imbues in the students a learning of social work values, knowledge and skills. The process of field work involves internalisation of theory and practice through supervised learning. **It is compulsory for the students to complete all the components of the Field Work Practicum.**

a. Objectives of Field Work Practicum:

1. Develop knowledge of the socio-economic and cultural realities, and their impact on the client system with specific focus on marginalized groups.
2. Develop skills to analyze the impact of the wider social system on individuals, families groups, communities and organizations.
3. Understand the agency as system – its philosophy, thrust, objectives, structure and management of services / programmes.
4. Develop the ability to involve the client system in the problem solving process.
5. Develop skills in identifying and utilising community resources; Government, Corporate and Voluntary.
6. Develop belief to work as a member of a team, reinforce belief in the inherent strength of the people to meet their needs and resolve problems.
7. Make conscious use of professional values and ethics.

b. Components of Field Work Practicum: The Field Work Practicum of the Masters Degree Programme comprises of the following components:

- i. Observation Visits
- ii. Concurrent Field Work
- iii. Social work camp
- iv. Block Placement / Internship

A field work manual will be provided by the Department

c. Practicum Brief:

i. **Observation Visits:** The objective of the observation visits is to orient the students to the social service delivery systems, objective understanding of social issues and problems in the context of current environment.

ii. **Concurrent Field Work:** Concurrent Field Work is carried out 02 days in a week / 16 hours per week in a planned institution/community system.

iii. **Social Work Camp (*Non-Credit and will be operated when exigency arises*):** Social work camp is normally organised in rural / tribal / urban areas.

a. The objectives of the social work camp are:

1. Understand the social system with specific reference to social exclusions issues in the community.
2. Analyse the nature of Government intervention in relation to poverty reduction in the region and the related structures of decision-making.
3. Develop the capacity to undertake intervention adopting specific social work tools in the context of local needs e.g. SWOT / PRA / Social & Cultural Media.
4. Through experience in-group living, appreciate its value in terms of self-development, interpersonal relationships, sense of organisation, management and taking on responsibility.

- b. Social Work camp can be organized for 07-10 days in a selected area through students participation. Two faculty members will accompany the students for the camp. Essentially, the camp will be designed and operated by the students themselves with guidance from the faculty members. Such camps can be also undertaken in any emergency, disaster, relief context. The camp will be held normally after semester 1 or beginning of semester 2.

iv. **Block Placement/Internship:** This opportunity is provided at the end of fourth semester. It is designed to integrate theory and practice and to enhance competence of social work practice and experience of self in that role.

- a. The objectives of the block placement/internship are:
 1. Provide a job placement learning environment.
 2. Acquire capacity building and competence for employment opportunities.
- b. Block Placement will commence soon after end-semester examination for a period of 30 days. The students will be placed in an institutional set-up or open setting. The students are required to send a comprehensive weekly report duly signed by the authorized person of the institution / supervisor to the Block Placement Coordinator.

XI. Teachers will incorporate periodical amendments to legislations/rules and any change in the nomenclature of the Government Programmes in the Social Sectors.

XII. **Skill Lab:** The skill lab will be the cutting across theme for all semesters. One skill lab will be conducted in each odd semester.

XIII. **Department-wide Electives - DWE:** A student can choose any one elective offered by the Department provided no elective shall have less than 1/6th of the total strength of the students.

XIV. **Teaching Methods / Tools:**

- a. Book / Journal / Article Review
- b. Role Play & Other Medium
- c. Field based conference / discussion
- d. Use of Social Media
- e. Social Documentary / Educational Videos

XV: Examination System:

a. Theory:

- i. English shall be the medium of instruction and examination.
- ii. The break-up of the marks in the theory papers as per the standard practice of the University are as follows:

	Weightage (%)	100	50
Continuous Internal Assessment (CIA) (Presentation from Field Experience 20%; Innovative Theory Assignment 40%; Theory + Practice 40%)	25	25	10
Mid Semester Examination (MSE)	25	25	15
End Semester Examination (ESE)	50	50	25

iii. Pass and Promotion in Theory papers will be as per the University Statutes.

iv. However, in case a student fails in the Field Work Practicum in a given Semester, she/he will not be promoted to the next semester. Only on successful completion of field work she/he will be eligible for next semester.

v. The Department will work out a field work plan for such failed students.

b. Concurrent Field Work Practicum:

	Weightage (%)	Marks Computation
Internal Assessment	75	150
Viva-voce	25	50

c. Moderation Committee for Internal Assessment:

- i. Head
- ii. One Faculty Member by Rotation
- iii. Field Work Coordinator for Practicum

d. Practicum Examination: Concurrent Field work

1. Internal Assessment:

- i. The Faculty supervisor

2. Viva-Voce:

- i. Head of the Department
- ii. One External examiner

e. Practicum Examination: Block Placement/Internship

- i. Head of the Department
- ii. Block Placement Coordinator

XVI. Summary of Course Matrix:

COURSE MATRIX: SEMESTER-1

Course Code	Course Title	Type of Course	Credits	CIA	MSE	ESE	Total
MSSW 106	Social Science Foundation for Social Work	F	4	25	25	50	100
MSSW 107	Psychology for Social Work	F	4	25	25	50	100
MSSW 108	Social Work Profession	C	4	25	25	50	100
MSSW 109	Theory and Skills of Working with Individuals*	C	4	25	25	50	100
MSSW 110	Field Work Practicum-I	C	8	-	-	-	200
	Total		24	-	-	-	600
	Grand Total		24	-	-	-	600

Semester	Credit of Foundation (F), Core Skill Based Courses (C) in Social Work	Credit of Department-wide Elective (DWE) Course in Social Work	Credit of University-wide Elective (UWE)	Credit of Field Work Practicum
Semester 1	16	--	--	08
Semester 2	16	--	--	08
Semester 3	08	04	04	08
Semester 4	10	04	04	10
Total	50	08	08	34
Grand Total	100			

F: Foundation Course; C: Core Course

CIA: Continuous Internal Assessment; MSE: Mid Semester Examination; ESE: End Semester Examination

** Skill Based Course*

COURSE MATRIX: SEMESTER-2

Course Code	Course Title	Type of Course	Credits	CIA	MSE	ESE	Total
MSSW 208	Theory and Skills of Working with Groups*	C	4	25	25	50	100
MSSW 209	Theory and Skills of Working With Communities*	C	4	25	25	50	100
MSSW 210	Research Methodology and Computer Applications	C	4	25	25	50	100
MSSW 211	Social Legislations	C	2	10	15	25	50
MSSW 212	Social Justice and Human Rights	C	2	10	15	25	50
MSSW 213	Field Work Practicum-II	C	8	-	-	-	200
	Total		24	-	-	-	600
	Grand Total		24	-	-	-	600

C: Core Course

CIA: Continuous Internal Assessment; MSE: Mid Semester Examination; ESE: End Semester Examination

** Skill Based Course*

COURSE MATRIX: SEMESTER-3

Course Code	Course Title	Type of Course	Credits	CIA	MSE	ES E	Total
MSSW 306	Management of Development Organisations	C	4	25	25	50	100
MSSW 307	Social Work Practice with Family and Children	C	4	25	25	50	100
VE COU	MSSW 308	Rural and Urban Community Development	DWE	4	25	25	100
	MSSW 309	Equity, Diversity and Inclusiveness	DWE	4	25	25	100
	MSSW 310	Social Policy and Social Development	DWE	4	25	25	100
MSSW 311	Field Work Practicum-III	C	8	-	-	-	200
Total			20	-	-	-	500
	University-wide Elective Course offered by other Departments*	UWE	4	25	25	50	100
Grand Total			24	-	-	-	600
MSSW 376	Life Skill Education**	UWE	4	25	25	50	100

C: Core Course; DWE: Department-wide Elective; UWE: University-wide Elective

CIA: Continuous Internal Assessment; MSE: Mid Semester Examination; ESE: End Semester Examination

** A Course opted by a student of Masters Degree Programme in Social Work, out of the University-wide Elective Courses offered by other Departments*

*** For the Masters Degree students of the University from other Departments*

^ Department-wide Electives: A student can choose any one elective offered by the Department provided no elective shall have less than 1/6th of the total strength of the students.

COURSE MATRIX: SEMESTER-4

Course Code	Course Title	Type of Course	Credits	CIA	MSE	ESE	Total
MSSW 408	Health and Mental Health	C	4	25	25	50	100
MSSW 409	Gender and Social Work	C	2	10	15	25	50
MSSW 410	Social Work with Persons with Disability	C	2	10	15	25	50
MSSW 411	Social Work with Older Persons	C	2	10	15	25	50
TIVE COU	MSSW 412	Sustainable Development, Environment and Livelihoods	DWE	4	25	25	100
	MSSW 413	Crime, Criminology and Penology	DWE	4	25	25	100
	MSSW 414	Dissertation	DWE	4	-	-	100
MSSW 415	Field Work Practicum-IV	C	8	-	-	-	200
MSSW 416	Field Work Practicum-V (Block Placement/Internship)	C	2	-	-	-	50
Total			24	-	-	-	600
	University-wide Elective Course offered by other Departments**	UWE	4	25	25	50	100
Grand Total			28	-	-	-	700
MSSW 476	Counselling***	UWE	4	25	25	50	100

C: Core Course; DWE: Department-wide Elective; UWE: University-wide Elective

CIA: Continuous Internal Assessment; MSE: Mid Semester Examination; ESE: End Semester Examination

** A Course opted by a student of Masters Degree Programme in Social Work, out of the University-wide Elective Courses offered by other Departments*

*** For the Masters Degree students of the University from other Departments*

^ Department-wide Electives: A student can choose any one elective offered by the Department provided no elective shall have less than 1/6th of the total strength of the students.

Annexure I

1. Eligibility under Deputation/Sponsored Category:

Total number of seats under Deputation and Sponsored Category is 05. The minimum marks for eligibility is as per the University entry level required percentage.

- Deputation Seats 02
- Sponsored Seats 03

2. Deputation Candidate:

Deputation Candidate means any candidate in permanent service deputed to undergo M.A. Social Work Programme by Central/State Government /Public Sector undertaking provided the candidate is a Graduate in any discipline. The deputising Department/Institution shall meet all the fees and course expenses of the candidates.

3. Sponsored Candidate:

Sponsored candidate means a Graduate in any discipline with a minimum of three years services in the field of Social welfare/Service in a recognised institution. They are

- Those registered Social Service Organizations established under Societies Act / Trust Act/ Companies Act.
- Must be receiving grant-in-aid from Government / Corporate agencies or supported by Industrial organizations / Foreign funded organizations / own resources.

The Sponsored candidate can be admitted to M. A. Social Work programme provided the candidate and the agency give an affidavit along with the application stating that he/she was in employment for the past three years and he/she has not pursued any regular course in the period.

The sponsoring organisation also must give an affidavit stating that the candidate was in employment for the past three years and beside, the organisation must give copies of last three years work report and audited statement. This also must accompany the application.

4. Certain other conditions:

- i. A remission of 5 per cent will be considered
- ii. In case of more applicants for this category, preference shall be given to Government deputed candidates.
- iii. If there are more sponsored candidates, they shall be admitted as per their merits and number of years of total service.
- iv. All candidates shall pay full fees.
- v. These seats are allotted within the sanctioned strength of 30. Applicants seeking admission under this category shall communicate through proper channel, well in advance, before commencement of admission process for consideration.

SYLLABUS: SEMESTER 1

MSSW 106: SOCIAL SCIENCE FOUNDATION FOR SOCIAL WORK	
Course Credits: 04	
Maximum Marks:100	
Objectives	
<ul style="list-style-type: none"> • To acquaint with basic social science concepts • To gain scientific understanding of social problems • To integrate social science concepts to social work theory and practice 	
Unit No.	Course Contents
Unit I	Sociological Perspectives and Concepts
	<ul style="list-style-type: none"> ▪ <u>Concepts in Sociology</u>: Society, Culture, Socialisation, Social Control, Social Change, Social Groups and Social Construction, Cultural Lag ▪ <u>Foundation of Society</u>: Social Structure and Sub Structure ▪ <u>Institutions for Socialisation</u>: Family, Marriage, Religion, Education, Mass Media, and Norms ▪ The application of sociological concepts in Social Work practice ▪ The application of social anthropological concepts in Social Work practice
Unit II	Social Institutions and Social Groups
	<ul style="list-style-type: none"> ▪ <u>Approaches to society</u>: Functionalist approach, Conflict/ Dialectical approach, Structuralism and Post-modernism ▪ <u>Social Stratification</u>: Marxist, Emile Durkheim, Weberian approaches (Brief Summary) ▪ <u>Power Structure</u>: Formal and Informal ▪ Dalits, Adivasis, Gender and minority groups: Situation analysis and dynamics of change
Unit III	Social Problems
	<ul style="list-style-type: none"> ▪ <u>Social Problems</u>: Evolution and Dimensions ▪ Analysing of social problems using sociological, economic and political concepts ▪ Concept of social deviance ▪ Social structure ▪ Corruption ▪ Illiteracy ▪ Casteism, Communalism, Racism, Terrorism and Ethnic Violence ▪ Problems of Youth: Addiction and Alienation ▪ Abuse of Children; Discrimination against Women and Elderly ▪ Unemployment and Poverty
Unit IV	Indian Economy
	<ul style="list-style-type: none"> ▪ Application of economic concepts to analyse local contexts (capital, production, distribution and consumption) ▪ <u>Overview of Indian Economy</u>: Pre-Globalization and Globalisation ▪ <u>Basic Economic Concepts</u>: Inflation, Deficit Financing, Stagnation, Balance of Payment ▪ Economic Growth and Equity in Development ▪ Human Development and Millennium Development Goals
Unit V	Polity and Governance
	<ul style="list-style-type: none"> ▪ <u>State and Nation</u>: Concept and Historical overview ▪ <u>Indian Constitution and Rule of Law</u>: Rights and Duties ▪ Good Governance, Transparency, Right to Information, Accountability, Citizens' Charters, Citizen Report Cards ▪ <u>Decentralisation</u>: Urban Bodies and Panchayati Raj Institutions

Suggested Readings:

1. Ahuja, R.
2014
Social problems in India.
Rawat publication
2. Bakshi, P.M.
2013
The Constitution of India
Universal Law Publishing
3. Basu, D.D.
2013
Introduction to the Constitution of India
Lexisnexis
4. Haralambos, M. & Holborn,
M.
2013
Sociology: Themes and Perspectives
Collins Educational
5. Kapila, U.
2004
Indian Economy Since Independence Academic Foundation
6. Kothari, R.
1970
Caste in Indian Politics
Orient Longmen
7. Leslie, B. and Lisa, H.
2009
E Governance Managing or Governing
Routledge
8. Mette, A.
2005
Governance
Atlantic Publishers
9. Reddy, S.
2006
Good Governance
IIPA
10. Shah, A.M.
1998
The Family in India: Critical Essays
Orient Longman.
11. Madan, G.R.
2012
Social Problems in India
Allied Publishers Pvt. Ltd.
12. Giddens, A.
2009
Sociology
Polity Press
13. G
(
Sociological Theory
McGraw Hill

MSSW 107: PSYCHOLOGY FOR SOCIAL WORK	
Course Credits: 04 Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • Basic concepts and theoretical perspectives in psychology for social work • Psychology perspective of human behaviour in cultural context • Application of psychology for social work practice 	
Unit No.	Course Contents
Unit I	Human Growth and Development
	<ul style="list-style-type: none"> ▪ Psychology for Social Work Practice ▪ Life Span Perspective of Human Development: Developmental Tasks and Hazards in various Life Stages ▪ Social, Emotional and Cognitive Development in Developmental Stages
Unit II	Human Personality
	<ul style="list-style-type: none"> ▪ <u>Personality</u>: Concept and Types ▪ <u>Theories of Personality</u>: Psychoanalytic, Neo-Analytic/Ego, Biological, Behaviorist, Cognitive, Trait, Humanistic and Interactionist ▪ Defense Mechanism
Unit III	Cognitive Psychology
	<ul style="list-style-type: none"> ▪ Sensation, Attention, Perception and Memory ▪ Motivation and Emotions ▪ Learning and Intelligence, Learning Disability ▪ Prejudices ▪ <u>Attitude</u>: Nature, Formation and Measurement ▪ Working towards Attitudinal Change
Unit IV	Social Psychology
	<ul style="list-style-type: none"> ▪ <u>Social Psychology</u>: Nature, Scope and Methods of Studying Social Behavior ▪ Social Perception, Schema, Schematic Processing, Attribution ▪ Public Opinion, Biases and Stereotyping ▪ Psychological Testing
Unit V	Abnormal Psychology
	<ul style="list-style-type: none"> ▪ Psychological Disorders: An Introduction ▪ Stress and Burn-out: Causal Factors and Management ▪ Therapy: Concept and Types ▪ Coping Strategies

Suggested Readings:

1. Morgan, C.T., King, R.A., Weisz, J.R. & Schopler, J. Introduction to Psychology
1993
McGraw Hill Education
2. Misra, G. Handbook of Psychology in India
2011
Oxford University Press
3. Hurlock, E. Developmental Psychology
2012
McGraw Hill Education
4. Hall, C. Lindzey, G, & Campbell, J.B. Theories of personality
1997
Wiley
5. Smith, E.E. & Kosslyn, S.M. Cognitive Psychology: Mind and Brain
2007
PHI Learning
6. Sarason, I.G. & Sarason, B.R. Abnormal Psychology
2001
PHI Learning
7. Baron, R.A. Social Psychology
2001
Allyn and Bacon
8. Sharma, R.K. & Sharma, R. Social Psychology
2013
Atlantic Publishers
9. Pestonjee, D.M. Psychological and Social Instruments
2003
Concept Publishing Company
10. Chadha, N.K. & Seth, S. The Psychological Realm: An Introduction
2014
Pinnacle Learning

MSSW 108: SOCIAL WORK PROFESSION	
Course Credits: 04 Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • To recapture nature and historical evolution of professional social work in Global and Indian context • To familiarise and internalise philosophy and core values of professional social work • To introduce the approaches and areas of professional practice • To critically evaluate assumptions, philosophy and ideals 	
Unit No.	Course Contents
Unit I	Conceptual Understanding
	<ul style="list-style-type: none"> ▪ <u>Professional Social Work</u>: Definition, Objectives, Assumptions, Misconceptions and Functions ▪ <u>Profession</u>, Characteristics of a profession and Social Work as a Profession ▪ <u>Basic Concepts</u>: Social Welfare, Social Development, Social Capital, Empowerment, Advocacy, Social Security, Social Justice, Social Policy ▪ Methods, Process and Levels of Social Work
Unit II	Social Work: Historical Perspective
	<ul style="list-style-type: none"> ▪ Evolution of Social Work in Europe and America ▪ Origin and Development of Social Work in India
Unit III	Philosophy and Values
	<ul style="list-style-type: none"> ▪ Evolution of Social Work Practice from charity concept to humanistic perspective ▪ Principles, Ethics and Values of Social Work ▪ <u>Professional associations of Social Work</u>: International, Regional and National
Unit IV	Social Work Practice: Approaches
	<ul style="list-style-type: none"> ▪ <u>Ideologies and Social Work Practice</u>: Marxian, Gandhian, Ecological, Spiritual, Feminist and Rights Perspective ▪ <u>Approaches to Social Work Practice</u>: Task-Centered, System, Evidence-Based and Unitary Approach ▪ Radical Social Work and Social Action
Unit V	Social Work Practice: Areas, Scope and Thrust
	<ul style="list-style-type: none"> ▪ Health and Mental Health, Occupational Social Work ▪ Family and child welfare, School Social Work ▪ Disability sector ▪ Social Defence ▪ International Social Work

Suggested Readings:

1. Social work practice- A Generalist Approach
2010
Johnson, L.C. & Yanca, S.J.
Pearson Education Inc.
2. Ideologies and Social Work
2015
Desai, M.
Rawat Publications
3. Social work and Social Work Education
2011
Gore, M.S.
Rawat Publications
4. Social Work
2013
Davies, M.
Wiley- Blackwell
5. Social work- An integrated approach
2012
Bhattacharya, S.
Deep and Deep Publications
6. Social work skill- a practice Handbook
2009
Trevithick, P.
Rawat Publications
7. Social work values and ethics
1999
Reamer, F.G.
Rawat Publications
8. What is professional social work
2007
Payne, M.
Rawat Publications
9. An invitation to Social theory
2012
Inglis, D.
Polity Press
10. Fields of Social Work Practice
2010
Gunjal, B.S.
Vishwas Prints

MSSW 109: THEORY AND SKILLS OF WORKING WITH INDIVIDUALS	
Course Credits: 04 Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • To introduce social casework as a method of social work • To learn the process application of social casework practice • To understand the process of counseling • To develop competencies and skills 	
Unit No.	Course Contents
Unit I	Social Casework: Concept
	<ul style="list-style-type: none"> ▪ <u>Social Casework</u>: Definition and Historical Development ▪ Scope and Principles of Social Casework ▪ <u>Social Case Work Process</u>: Intake, Study, Assessment (Diagnosis), Intervention (Treatment), Evaluation and Termination ▪ Use of Casework in Group work and Community Organization
Unit II	Social Casework Relationship
	<ul style="list-style-type: none"> ▪ Social Casework Techniques ▪ Use of Relationship, Transference and Counter Transference and their significance, Use of Authority ▪ <u>Culture aligned Social Casework Practice</u>: Spirituality, Fine Arts and Performing Arts ▪ <u>Client System</u>: Direct and Indirect Clients, Voluntary and Involuntary Clients, Hard-to-reach Clients, Target and Tangential Clients, Agreement or Contract, Enabling and Empowering, Crisis Intervention
Unit III	Models of Social Casework: Summary
	<ul style="list-style-type: none"> ▪ <u>Models of Case Work Practice</u>: Problem Solving Model, Psycho-social Model, Functional Model, Socialisation Model, Developmental Model, Crisis Intervention Model, Social Behavioral Model, Communication Model, Gestalt Therapy Model, Cognitive Model, Ecological Model, Feminist Model, Existential Model, Task-Centred Model and Empowerment Model
Unit IV	Social Casework Process Structure
	<ul style="list-style-type: none"> ▪ <u>Supportive Techniques</u>: Observation, Interview, Home-Visit, Resource Mobilisation, Referral and Collateral Contacts ▪ <u>Problem Solving Techniques</u>: Verbal and Non-verbal, Reflective and Logical Discussion ▪ <u>Types and Formats of Recording</u>: Process, Narrative and Summary ▪ Use of Recording in Social Casework ▪ Supervision in Social Casework ▪ Understanding Self and Professional Self
Unit V	Social Casework in Different Settings
	<ul style="list-style-type: none"> ▪ <u>Casework practice in different settings</u>: Educational, Health, Career Guidance, Community, Correctional and Disability ▪ <u>Casework and Information Technology</u>: Tele-Help lines, Tele-care, Internet Chat room Assistance and Online Therapy

Suggested Readings:

1. Hamilton, G.
2013
Theory and Practice in Social Case work
Rawat Publications
2. Mathew, G.
1993
An Introduction to Social Case Work
TISS
3. Upadhyay, R.K.
2014
Social Case Work
Rawat Publications
4. Perlman, H.H.
2011
Social Case Work- A Problem Solving Approach
Rawat Publications
5. Johnson, L.C. & Yanca, S.J.
2010
Social work practice- A Generalist Approach
PHI Learning
6. Biestek, F.
1961
The Case Work Relationship
Allyn and Bacon
7. Hollis, F.
1964
Casework: A Psychosocial Therapy
McGraw Hill
8. Ramakrishnan, P.K.
2013
Social Work Counselling
Black Prints.
9. R.L. Gibson, M.H. Mitchel
2014
Introduction to Counseling & Guidance
PHI Learning Pvt. Ltd.
10. Healy, K.
2012
Social Work Methods and Skills
Palgrave MacMillan

SYLLABUS: SEMESTER 2

MSSW 208: THEORY AND SKILLS OF WORKING WITH GROUPS	
Course Credits: 04 Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> ▪ To introduce social group work as a method of social work ▪ To map the process of group experience and personality development ▪ To develop competencies and skills for working with different groups in various practice settings ▪ To enable the students to work with group dynamics 	
Unit No.	Course Contents
Unit I	Concept and Formation
	<ul style="list-style-type: none"> ▪ <u>Social Groups</u>: Groups Definitions, characteristics, functions and group structure, Identity, diversity and issues ▪ <u>Social Group Work</u>: Definition, objectives, scope, attributes ▪ Historical evolution of Social Group Work ▪ Principles and Values of Social Group Work
Unit II	Group Process and dynamics
	<ul style="list-style-type: none"> ▪ <u>Process of group formation</u>: Socio-psychological factors in group formation ▪ Nurturing ‘We’ feeling through purposeful group interaction, Team Building ▪ <u>Group Development</u>: Meaning, indicators, stages/phases ▪ Sub-Group Formation, Cliques, Individualisation in the Group ▪ <u>Techniques of Group Work</u>: Acceptance, Recognition, Loving, Sharing, Playing, Helping and Limiting ▪ <u>Programme planning in Group Work</u>: concept, principles, programme media, programme content, programme development process, resources for programmes
Unit III	Group Dynamics
	<ul style="list-style-type: none"> ▪ <u>Group Dynamics</u>: Intra and Inter-group Communication, Support and Conflict, Decision Making and Problem Solving ▪ Leadership ▪ <u>Models of Social Group Work Practice</u>: Remedial, Mediating or Reciprocal, Developmental, Social Goal Model and Consensus Model ▪ Therapeutic Group Work
Unit IV	Functions and Skills
	<ul style="list-style-type: none"> ▪ Recording, Evaluation and Termination in Social Group Work ▪ <u>Group Worker Roles</u>: Focusing on values in programmes and events - Enabler, stimulator, supporter, guide, educator, resource person, therapist and supervisor
Unit V	Group Work in Diverse Settings
	<ul style="list-style-type: none"> ▪ Structured application of group work in organisational settings ▪ Educational institutions ▪ Institutional setting-child. Family. Corrections, youth. Deviance ▪ Community ▪ Scope and limitations of group work practice in India

Suggested Readings:

1. Bhattacharya, S.
2008
Social Work an Integrated Approach
Deep & Deep Publications
2. Charles, H. Z.
2009
Social Work With Groups
Cengage Learning India
3. Corsini, R. J.
2004
Current Psycho Therapies with Case Studies,
Wadsworth Publications
4. David, C., Douglas, R.G. & Mark, D.S.
2010
Introduction To Group Work
Rawat Publication
5. Gravin, C. D., Lorriae M.G. (Ed.)
2007
A Hand Book of Social Work with Groups
Rawat Publications
6. Konopka, G.
1983
Social Group Work: A Helping Process
Prentice Hall International
7. Siddiqui, H.Y.
2008
Group Work: Theories and Practices
Rawat Publication
8. Toseland and Rivas
1955
An Introduction to Group Work Practice
Allyn and Bacon.
9. Trecker, H.B. 1972
Social Group Work: Principles and Practices.
New York: Association Press
10. Wilson, G and Raylands, G.
1989
Social Group Practices
Houghton Mifflin

MSSW 209: THEORY AND SKILLS OF WORKING WITH COMMUNITIES	
Course Credits: 04	
Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • To understand and analyse community as a dynamic entity • To introduce community organisation as a method of social work • To develop competencies and skill to work with communities • To enable the students to apply participatory approach for community work 	
Unit No.	Course Contents
Unit I	Community: Concept and Dynamics
	<ul style="list-style-type: none"> ▪ <u>Community</u>: Concept, Definitions, Types - Rural, Tribal and Urban Community ▪ Mapping socio-economic changes in the current context ▪ Identity issues, Social Inclusion and Exclusion ▪ Community power structure, leadership and dynamics
Unit II	Community Organisation
	<ul style="list-style-type: none"> ▪ <u>Community Organisation</u>: Meaning, values, principles ▪ <u>Approaches to community organisation</u>: Indigenous and worldwide ▪ Steps in community organisation ▪ Models, Process, Techniques and Strategies ▪ Roles of Social Worker: Guide, Communicator, Expert, Councilor, Consultant, Model, Mediator, Enabler, Facilitator ▪ Skills in community work ▪ Community organisation for community development
Unit III	Community Participation and Mobilisation
	<ul style="list-style-type: none"> ▪ <u>People Participation</u>: Concept, Importance, Techniques of facilitating Participation ▪ Community Mobilisation and Advocacy in Rural and Urban Community ▪ Community Mobilisation of Marginalised groups ▪ Community Mobilisation for Disaster preparedness
Unit IV	Skills for Community Work
	<ul style="list-style-type: none"> ▪ Participatory Rapid/Rural Appraisal, Participatory Learning Approach ▪ Resource Mobilisation, Building Community Leadership ▪ Conflict Resolution, Stakeholder Discussion and Negotiation ▪ Networking, Training and Capacity Development ▪ Recording in Community Work ▪ Best practices in community work: Case Studies
Unit V	Social Action
	<ul style="list-style-type: none"> ▪ <u>Social Action</u>: Concept, Principles, Strategies and Tactics ▪ <u>Models of Social Action</u>: Legislative, Sanction, Direct Physical and Conscientisation ▪ <u>Social Action and Social Movement</u>: Similarities and Differences ▪ <u>Social Movements</u>: Causes, Processes, and Outcomes, ▪ <u>New Social Movements</u>: Causes and Processes

Suggested Readings:

- 1 Freire, P.
1997
Pedagogy of the oppressed
New Delhi
- 2 Jodhka, S.
2013
Community and identities
Sage Publishers
- 3 Meenai, Z.
2007
Participatory Community work
Concept publications
- 4 Oomen T.K.
2015
Social Movements 1
Oxford University Press
- 5 Pyles, Loretta
2014
Progressive Community Organising
Routledge Publishers
- 6 Rao, M.S.
2000
Social Movements in India
Manohar Publishers
- 7 Ross, M G.
1967
Community Organization: Theory, Principles, and Practice
Harper & Row
- 8 Rothman, J.
1970
Three Models of Community Organization Practice: Strategies of
Community Organization
Columbia University Press
- 9 Siddiqui, H.Y.
1997
Working with Communities
Hira Publications
- 1 Singh, K.S.
2006
Tribal Movements in India
Manohar Publishers

MSSW 210: RESEARCH METHODOLOGY AND COMPUTER APPLICATIONS**Course Credits: 04**
Maximum Marks: 100**Objectives**

- To discern the importance of research in social work
- To acquaint students with the use of computer applications for research
- To develop analytical and report writing skills
- To acquaint student in the use of computer applications for data analysis

Unit No.	Course Contents
	Social Work Research
Unit I	<ul style="list-style-type: none"> ▪ <u>Scientific Method</u>: Meaning, Characteristics and Logical Sequence ▪ <u>Social Work Research</u>: Nature, Scope and Significance ▪ <u>Types of Research</u>: Quantitative, Qualitative and Mixed Method; Historical Research ▪ Ethics in Social Work Research
	Scientific Approach to Social Science Research
Unit II	<ul style="list-style-type: none"> ▪ <u>Research Design</u>: Phases and Types - Exploratory, Explanatory, Descriptive, Experimental and Case Study ▪ <u>Statistical Data</u>: Census, Sampling Methods ▪ <u>Tools of Data Collection</u>: Interview Schedule, Questionnaire ▪ Scales and Testing ▪ Collection of Data, Analysis, Interpretation and Discussion ▪ Report Writing, Case Record
	Statistics for Social Science
Unit III	<ul style="list-style-type: none"> ▪ <u>Descriptive Statistics</u>: Measures of Central Tendency and Measures of Dispersion ▪ Correlation and Regression Analysis ▪ Tests of Significance- t-tests and Chi Square Tests
	Qualitative Research Methods
Unit IV	<ul style="list-style-type: none"> ▪ <u>Qualitative and Quantitative Research</u>: Similarities and Differences ▪ <u>Methods of Qualitative Research</u>: Observation, In-Depth Interview, Case Study, Focus Group Discussion ▪ Participatory Action Research ▪ Content Analysis
	Computer Applications
Unit V	<ul style="list-style-type: none"> ▪ Introduction to various Computer-based Applications for Quantitative and Qualitative Analysis- MS Excel, SPSS ▪ Computer based Coding, Generation of Database, Data Entry, Preparation of Tables and Graphs ▪ Computation of Statistical Results

Suggested Readings:

1. Kumar, R.
beginners
2011
Research Methodology: a step-by-step guide for
Sage Publications
2. Rubin, A. & Babbie, E.
2011
Methodology for Social Work Research
Cengage Learning
3. Laldas, D.K.
2014
Practice of Social Research
Rawat Publications
4. Silveman, D.
2011
Qualitative Research
Sage Publications
5. G. Guthrie
2010
Basic Research Methods: An Entry to Social Science
Research
Sage Publications
6. Gupta, S.C.
2013
Fundamentals of Statistics
Himalaya Publishing House
7. Gaur, S.S. & Gaur, A.S.
2009
Statistical Methods for Practice and Research
Response Publishers
8. Flick, U.
2011
Introducing Research Methodology
Sage Publications
9. Srivastava, V.K.
2004
Methodology & Fieldwork
Oxford University Press
10. Freedman, D. & Pissan, R. Purves, R.
2009
Statistics
Viva Books Pvt. Ltd.

MSSW 211: SOCIAL LEGISLATIONS	
Course Credits: 02 Maximum Marks: 50	
Objectives	
<ul style="list-style-type: none"> • To learn the purpose of social legislations and legal system in India • To acquaint with the legal mechanisms available for different vulnerable groups • To promote awareness on Rule of Law 	
Unit No.	Course Contents
Unit I	Concept and Nature of Social Legislation
	<ul style="list-style-type: none"> ▪ <u>Social Legislation</u>: Meaning and Impact of Social Reform Movement on Legislation ▪ <u>Indian Legal System and its Operational Instruments</u>: IPC, CrPC, CPC, RPC ▪ Social Legislations in Jammu and Kashmir
Unit II	Social Legislations
	Salient Features
	<ul style="list-style-type: none"> ▪ Legislations pertaining to Women in India ▪ Legislations related to Scheduled Castes, Scheduled Tribes, Bonded Labour, Migrant workers ▪ <u>Legislations related to Vulnerable Groups</u>: Persons with Disability, Child Labour, Workers in the Unorganised Sector, Commercial Sex Workers
Unit III	Citizen Centric Legislations
	<ul style="list-style-type: none"> ▪ Legal Aid, Legal Advocacy and Public Interest Litigation ▪ Consumer Protection Act (1986), Right to Information Act (2005) ▪ Role of Professional Social Workers in Legal Aid and Legal Literacy

Suggested Readings:

1. Gangrade, K.D. Social Legislations in India – Vol I
Concept Publishing Company
2. Gangrade, K.D. Social Legislations in India – Vol II
Concept Publishing Company
3. Bakshi, P.M.
2013 The Constitution of India
Universal Law Publishing
4. Base, D.D.
2012 Introduction to the Constitution of India
Lexis Nexis
5. Universal's Legal Manual
2014 Criminal Manual
Universal Law Publishing
6. Clayton, M., & Williams, A. (eds)
2004 Social Justice
Blackwell Publishers
7. Singha, P.N.
2004 Industrial relations, trade unions and labour legislation
Pearson
8. Dubois, B. & Miley, K.K.
2002 Social Work: An Empowering Profession
Allyn and Bacon
9. Diwan, P. & Diwan, P.
2005 Family Law: Hindus, Muslims, Christians, Parsis and Jews
Allahabad Law Agency
10. Naib, S.
2013 The Right to Information in India
Oxford University Press

MSSW 212: SOCIAL JUSTICE AND HUMAN RIGHTS	
Course Credits: 02 Maximum Marks: 50	
Objectives	
<ul style="list-style-type: none"> • To know the concepts of social justice and empowerment • To interpret the context of human rights for various marginal groups • To acquaint with the emergence of rights based perspective in social work practice 	
Unit No.	Course Contents
Unit I	Social Justice and Human Rights
	<ul style="list-style-type: none"> ▪ <u>Social Justice</u>: Concept and History ▪ Social Justice as a core value of social work profession ▪ <u>Human Rights</u>: Concept and history ▪ Human Rights Declarations, Treaties and Conventions
Unit II	Development and Human Rights
	<ul style="list-style-type: none"> ▪ Development, Human Rights and Social Work ▪ Human rights and marginalised in India and worldwide: (Children, Women, Minorities, Indigenous population, Refugees, Dalits, Persons with disability, Slum dwellers) ▪ <u>Human Rights and Globalisation</u>: Labour; Development, Hunger, Poverty, Migrant workers and Labour rights.
Unit III	Human right issues and right based approach
	<ul style="list-style-type: none"> ▪ Human Rights and Protection Systems (The United Nations, National Human Rights Commission, International human rights agencies, ▪ Human rights perspective in social work practice: ethnic sensitive practice, feminist practice, social work with diverse groups ▪ Social work practice with victims of human rights violations ▪ <u>Rights-based Approach</u>: Need for Rights-based Approach, History, Scope, Analysis, ethical issues involved

Suggested Readings:

1. Bakshi, P.M.
2013
The Constitution of India
Universal Law Publishing
2. Base, D.D.
2012
Introduction to the Constitution of India
Lexis Nexis
3. Baxi, U.
2008
The Future of Human Rights
Oxford University Press
4. Mangibhai, J.P.
2014
Human Rights as Practice
Oxford University Press
5. Michael, G.
2013
Human Rights
Ashford Colour Press
6. The World Bank & OECD
2013
Integrating Human Rights into Development
World Bank
7. Reichert, E.
2003
Social Work & Human Rights: A Foundation for Policy and Practice
Columbia University Press
8. SAHRDC
2014
Handbook of Human Rights and Criminal Justice in India
Oxford University Press
9. Clayton, M., & Williams, A.
2004
Social Justice
Blackwell Publishers
10. Mishra, L.
2011
Human Bondage
Sage India

SYLLABUS: SEMESTER 3

MSSW 306: MANAGEMENT OF DEVELOPMENT ORGANISATIONS	
Course Credits: 04 Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • To orient students to the basic concepts of management and administration. • To develop skills in the formulation and management of development projects • To acquaint students with the relevance of civil society and development organizations • To enable students to design and operate development organizations. 	
Unit No.	Course Contents
Unit I	Conceptual Understanding
	<ul style="list-style-type: none"> ▪ <u>Social Welfare Administration</u>: Definition and Scope ▪ <u>Related Concepts</u>: Social Administration, Social Service Administration, Social Security Administration, Social Welfare Administration, Public Administration, Development Administration ▪ <u>Social Welfare Administration in Public Organisations</u>: MoSJE, MoWCD, CSWB
Unit II	Principles of Administration
	<ul style="list-style-type: none"> ▪ Policy Making, Planning, Organising, Staffing, Directing, Decision-making, Coordination, Communication, Reporting, Budgeting, Evaluation and Feedback ▪ Office Management: Budget Operation, Legal Compliances, Documentation, Filing and record maintenance, Ergonomics, Transparency and Accountability of the Development Organisation ▪ Fund Raising, Resource mobilization, Social Marketing
Unit III	Civil Society and Development Organisations
	<ul style="list-style-type: none"> ▪ <u>Types of Development Organisations</u>: Civil Society Organisations, Community Based Organisations, Peoples' Organisation, Voluntary Organisations, Non Governmental Organizations ▪ Development Organisations in the changing context ▪ Government Policy for the Voluntary Sector
Unit IV	Legal avenues for Formation of Development Organisations
	<ul style="list-style-type: none"> ▪ <u>Organisational Planning</u>: Development of Vision, Mission, Goals, Objectives and Structure ▪ <u>Legislative Framework</u>: The Societies Registration Act (1860), The Public Trust Act (1882), Section 25A of The Companies Act (1956), The Cooperative Societies Act (1912), Sections 12A and 80G of The Income Tax Act (1961) ▪ <u>Foreign Funding</u>: Application, Procedure and Foreign Contribution Regulatory Act (2010)
Unit V	Structure of Social Welfare Administration
	<ul style="list-style-type: none"> ▪ Administrative structures (GO)-Central, state and local levels ▪ Administrative structures of NGOs engaged in welfare and development services ▪ Organisation and management of institutional welfare services

Suggested Readings:

1. Goel, S.L
2010
Social Welfare Administration
Deep & Deep Publications
2. Kaushik, A.
2012
Welfare and development administration in India
Academic Foundation
3. Rao, T.
2000
Office Organization and Management
Atlantic Publishers and Distributors
4. Rao, M.F.T
2000
Office Organisation and Management
Atlantic Publishers
5. Banerjee, G.
2001
Laws relating to foreign contribution in India
Commercial Law Publishers
6. Eade, D.
2005
Development, NGOs and Civil Society
Rawat Publications
7. Sooryamoorthy, R. & Gangrade, K.D.
1989
NGOs in India
Rawat Publications
8. Chandra, S.
2007
Non-Governmental Organizations: Structure,
Relevance and Function
Kanishka Publishers
9. Pawar, S.B., Ambedkar, J.B., & Shrikant, D
2004
Non-Governmental Organizations and
Development: The Indian Scenario
Rawat Publications
10. Brown, W. A.
2015
Strategic Management in Non-Profit
Organisation
Jones & Bartlett Learning

MSSW 307: SOCIAL WORK PRACTICE WITH FAMILY AND CHILDREN	
Course Credits: 04 [Maximum Marks: 100]	
Objectives	
<ul style="list-style-type: none"> • To learn the dynamics of families • To analyse and design programmes to meet the challenges impacting family life • To learn the important concepts in child welfare • To map children in difficult circumstances and rights-based approach 	
Unit No.	Course Contents
Unit I	Concept and approaches
	<ul style="list-style-type: none"> ▪ <u>Family</u>: Importance, Structure, Functions, Types of families ▪ Stages of Family Life ▪ <u>Families in Transition</u>: Family Disorganisation and Family Problems Family Dynamics and family interaction patterns ▪ Systems theory framework to describe family ▪ Family welfare approaches, therapies and techniques ▪ Family Welfare Policy and Programmes
Unit II	Family Social Work
	<ul style="list-style-type: none"> ▪ Family case work ▪ Family life education ▪ Home management ▪ Life-Work Imbalance affecting Family Life ▪ Family Counseling ▪ Family Courts
Unit III	Child Development Concerns
	<ul style="list-style-type: none"> ▪ Introduction and definition of a child. ▪ Demographic characteristics of children in India ▪ Child Development needs ▪ Theories of social, psychological, moral and sexual development of children and adolescents ▪ <u>Approaches</u>: Child Centred Model, Behaviour Modification Model and Gestalt Process of Counselling ▪ <u>Child Labour</u>: Causes and Legislative Support
Unit IV	Children in Difficult Circumstances
	<ul style="list-style-type: none"> ▪ Children in crisis/Vulnerable/ “at risk” groups: street children, children with disabilities, trafficking of children, child beggars, child prostitution, children of migrant families, Dalit children, children and families with HIV/AIDS ▪ <u>Children in difficult circumstances</u>: Children as victims of conflicts, natural disasters, displacement, ▪ Children in conflict with law, children engaged in substance abuse, victims of child abuse and children in conflict zones
Unit V	Child Rights and Entitlements
	<ul style="list-style-type: none"> ▪ <u>International perspective on child protection</u>: UNICEF, UN Convention on Child Rights • <u>Legislative provisions for children in India (Salient features)</u>: PNDT Act, Child Labour Act, JJ Act, Child Marriage Act, Immoral traffic Act, Right to Education Act, POSCO Act • <u>Programmes and policies for child welfare</u>: SSA, ICDS, ICPS, CARA, NCPCR ▪ <u>Supportive services</u>: Foster Care, Shelter Homes, Observation homes, Child guidance clinics, Adoption, Sponsorship, School Social work, Family assistance, Community centres, Juvenile guidance bureaus, family counselling centres, child guidance clinics

Suggested Readings:

1. Shah, A.M.
1998
The Family in India
Orient Blackswan
2. O' Loughlin, M.
2012
Social work children & families
Sage Publications
3. Davis, M.
2012
Social work children & families
Palgrave Macmillan
4. Zastrow, C.H
2013
The practice of Social work
Cengage Learning
5. Shah, A.M.
2014
The households in India
Orient Blackswan
6. Sleeter, C.
1998
School Education, Pluralism and
Marginality
Orient Blackswan
7. Das, S.
2010
Differential childhood
Concept Publishing Company
8. Unwin
2012
Effective Social Work with children and
families
Sage Publications
9. James
2012
Key concepts in childhood studies
Sage Publications
10. Walker
2012
Effective social work with children,
young people and families
Sage Publications
11. Harper
2012
Rescuing Railway children
Sage Publications
12. UNICEF
2014
The Infant and Child Mortality India
UNICEF
13. UNICEF
2012
Progress for Children
UNICEF
14. UNICEF
2013
Preventive Strategies for Child Protection
UNICEF

MSSW 308: RURAL AND URBAN COMMUNITY DEVELOPMENT	
Course Credits: 04	
Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • To master the concept of Urban and Rural community development • To provide understanding of various challenges in developing urban and rural community • To develop an insight on the policies, programmes and interventions by Governmental and Non- Governmental Organisations 	
Unit No.	Course Contents
Unit I	Rural Communities
	<ul style="list-style-type: none"> ▪ Anthropological Perspectives of Rural and Tribal Community ▪ <u>The Village</u>: Anthropological and Social perspectives ▪ <u>Rural Society</u>: Caste, Class, Tribe; Power and Changing Dynamics ▪ <u>Rural Development</u>: History, Concept and Philosophy ▪ <u>Determinants of Rural Development</u>: Internal and External
Unit II	Rural Development and Interventions
	<ul style="list-style-type: none"> ▪ Poverty, Health, Sanitation, Migration, Employment, ▪ <u>Rural Mobilisation</u>: Concept, agrarian movements, Cooperatives, Green Revolution, White Revolution (Cooperative Approach) ▪ Panchayati Raj and Development Programmes (73rd Amendment) ▪ <u>Rural Development Policies and Programmes impact and analysis</u>: Selected case studies of the Government programmes: Livelihood, Education, Health, Skill Development, Sanitation, Land Acquisition ▪ <u>Rural Community Development</u>: Rural Credit and Rural Debt
Unit III	Understanding Urban Community
	<ul style="list-style-type: none"> ▪ Sociology of urban community, characteristics, types ▪ Urbanisation in India ▪ <u>Urbanisation in India</u>: Trends and patterns ▪ Urban planning: City and town planning, role of Urban Governance ▪ Slums: concept, factors contributing to urban poor and habitat programmes ▪ Multiculturalism and diversity
Unit IV	The Urban Poor
	<ul style="list-style-type: none"> ▪ Housing, Health, Sanitation, Education and Livelihood ▪ Issues of rehabilitation and resettlement ▪ Urban poverty reduction and elimination ▪ Urban poor: Identity and location, Issues of citizenship, Urban basic services for the poor, Challenges and options for the urban poor
Unit V	Urban Community Development: Strategies and Interventions
	<ul style="list-style-type: none"> ▪ Urbanisation and Urban Development: Policies and Programmes, ▪ Urban Governance and Urban Bodies (74th Amendment) ▪ Public Private Partnership in Urban Development ▪ Urban Development Programme impact and analysis: National Urban Renewal Mission, Urban Infrastructure Development Scheme for Small & Medium Towns (UIDSSMT), North-Eastern Region Urban Development Programme (NERUDP), Pooled Finance Development Fund Scheme

Suggested Readings:

1. Arvind, K.
1999
Social inequalities in rural areas
Anmol publications
2. Bhattacharya, B.
2006
Urban development in India.
Concept publishing company
3. Blackshaw, Tony
Key concepts in Community Studies
Sage Publications
4. Boraian, P.M.
2005
Participatory rural appraisal
Concept publishing company
5. Byrne, D.
2009
Social Exclusion
Rawat Publications
6. Chirtralekha
2012
Ordinary People extraordinary violence
Routledge Publishers
7. Dasgupta, A.
2011
Minorities and the state
Sage Publications
8. Desai, A. R.
2012
Rural Sociology in India
Popular Prakashan
9. Desai, T.K.
2013
A textbook of rural development
Arise Publishers
10. Katar, S.
2009
Rural development principles, policies and
management.
Sage publication
11. Margaret, L.
2006
Community development.
Rawat publication
12. Reddy, Sanjeev
2006
Good Governance
IIPA
13. Thudipara. Z.
2013
Urban community development.
Rawat publication

MSSW 309: EQUITY, DIVERSITY AND INCLUSIVNESS	
Course Credits: 04 Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • To develop concern for the equity, inclusiveness and diversity in India. • To understand Governmental and Non-Governmental efforts in empowerment and development of marginalised section in India. • To understand the scope of social work intervention in working for marginalised sections 	
Unit No.	Course Contents
Unit I	Equity and Inclusiveness
	<ul style="list-style-type: none"> ▪ <u>Concepts</u>: Diversity, Equity and Inclusiveness ▪ <u>Forms of social exclusion</u>: Groups at the risk of being excluded- religious, racial, caste, gender, ethnic, class, regional, cultural, language, disabled, migrant and refugee ▪ Selective case study for anti-caste movements in India
Unit II	Schedule Castes/Dalits
	<ul style="list-style-type: none"> ▪ <u>Politics of caste</u>: Caste in Indian democracy and identity politics, social movements for anti-casteism ▪ <u>Status of Dalits in India</u>: Inequalities in access (Literacy, Health, Employment, Population, Sex Ratio) ▪ Contemporary Dalit Movements, Subaltern approach to study caste ▪ Constitutional Safeguards, Schemes for the Welfare/Development of Scheduled Castes in India: State sponsored schemes and Central Sponsored Schemes
Unit III	Scheduled Tribes/Adivasis
	<ul style="list-style-type: none"> ▪ Issues of Schedule Tribes/Adivasis in India: Marginalisation, Displacement, Class formation among tribal ▪ Constitutional Safeguards, Schemes for the Welfare/Development of Scheduled Tribes: State sponsored schemes and Central Sponsored Schemes ▪ <u>Status of Tribal in India</u>: Inequalities in access (Literacy, Health, Employment, Population, Sex Ratio) ▪ Poverty and the disparity between Adivasis and non Adivasis ▪ Contemporary Approaches to Tribal Empowerment, Role of Civil Society Organizations
Unit IV	Social Exclusion-Dimensions
	<ul style="list-style-type: none"> ▪ Minority-definitions, forms and debates: Numerical inferiority, Political relationship, Minorities and democracy ▪ Type and composition of minorities- religious, gender, caste and linguistic ▪ <u>Religious and ethnic Minorities</u>: Regional Concentration of minorities ▪ <u>Minorities in India</u>: Political Mobilisation, Participation in Public and Private Sectors, Diversity of the Minorities: Causes and Impact
Unit V	Social Exclusion: Religious, Cultural and Minorities
	<ul style="list-style-type: none"> ▪ <u>Poverty incidence of minorities</u>: Poverty elimination programmes for Minorities ▪ Gender: Issues of exclusion and inclusion ▪ <u>Disability and exclusion</u>: Inequalities in access ▪ Safeguards for Women and disabled ▪ LGBT

Suggested Readings:

1. Byrne, David
2009
Social Exclusion
Rawat Publications
2. Grusky. D. B.
2014
Social Stratification: Class, Race And
Gender In Sociological Perspective
Westview Press
4. Kannan, P.
2008
Scheduled Caste Welfare
APH Publishing Corporation
5. Kothari, R.
2014
Politics In India
Orient Blackswan Private Limited
6. Lal, V.
2013
Modern Indian society
Oxford university press
7. Pandey, R.
1997
Minorities in India protection and
welfare
APH publishing corporation.
8. Rajan, I. S.
2011
Migration, identity and conflict
Routledge publication
9. Sharma, K.L.
2011
Social Inequality In India
Rawat Publication
10. Tandon, R.
2007
Citizen Participation and Democratic
Governance: In our Hands
Concept Publishing Company

MSSW 310: SOCIAL POLICY AND SOCIAL DEVELOPMENT	
Course Credits: 04	
Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • Social policy concepts. • Develop analytical and critical understanding to analyse and evaluate social policies and its impact • To learn the relationship between policies programmes and development 	
Unit No.	Course Contents
Unit I	Conceptual framework
	<ul style="list-style-type: none"> ▪ <u>Social Policy</u>: Concept, objectives, Evolution of social policy in India (DPSP, Planning Commission / NITI Ayog) ▪ <u>Approaches to social policy</u>: Welfare, development and rights based approach ▪ <u>Models of Social Policy</u>: Residual welfare, unified, integrated, sectoral, industrial achievement and institutional redistributive model. ▪ <u>Social Policy Formulation Process</u>: Contribution of research, interest groups, Public Hearing/Bal Panchayat/Pani Panchayat, Interest Groups and role of professional social worker
Unit II	Social Development and its indicators
	<ul style="list-style-type: none"> ▪ <u>Social Development</u>: Concept and Approaches ▪ <u>Economic indicators</u>: per capita income, GDP/ GVA, GNP, ▪ <u>Social Indicators</u>: MDG, UNDP, Poverty, Social inequality, population (size, distribution and growth)
Unit III	Social Policy in Social Sectors: Overview
	<ul style="list-style-type: none"> ▪ <u>Minority Sector</u>: SC, ST and OBC ▪ <u>Social Sector</u>: Education policy, Public health policy, Social security policy, Youth policy, Labour welfare policy ▪ <u>Ecology and Development Sector</u>: Sustainable livelihood policies, environment protection policy ▪ Social safety nets- micro credit, PDS
Unit IV	Analysis of Social Policy
	<ul style="list-style-type: none"> ▪ Analysis- stages in policy analysis, gender analysis, cost benefit analysis, outcome analysis ▪ Tools for policy analysis- stakeholder mapping, stakes, role of institutions, role of constraints, Instruments for analysis- descriptive and inferential ▪ Construction of indicators ▪ Measurement of indicators; quantification of social issues, Case studies, Focused group discussion, Mixed methods ▪ Output and Outcome ▪ Evaluation of social policy and programmes- implementation, operation and practice, results and outcome, Process elements, stake holder analysis, participatory evaluation, Distributive impact of social policy ▪ Policy Change: reforms and timing, incentives and constraints
Unit V	Social Development in the Changing Context
	<ul style="list-style-type: none"> ▪ Human development Index ▪ <u>Ecology and development</u>: Industrialization and urban development , Population, poverty and development ▪ <u>Alternative development strategies</u>: Gender, participatory approach ▪ Role of state and Civil Society Organizations in social development, Citizen Initiatives

Suggested Readings:

1. Spicker, P.
2010
Social Policy
Rawat Publications
2. Kalapagam, U.
2011
Gender and Development in India
Rawat Publications
3. Kannappan, P.
2008
Schedule caste welfare
A P H Publishing Corp
4. Hill, M.
2003
Understanding Social Policy
Blackwell Publishing
5. Drake, R.F.
2001
The Principles of Social Policy
Palgrave. Publications
6. Weimer, D.L.
1994
Policy Analysis: Concepts and Practice
Prentice Hall
7. Pimpley, P.N.
1989
Social Development Process & Consequences
Rawat Publications
8. Siddiqui, H.Y.
2004
Social Development in Indian Subcontinent
Rawat Publications
9. Hill, M. & Irving, Z.
2009
Understanding Social Policy
Wiley- Blackwell
10. Spicker, P.
2010
Social Policies: Themes and Approaches
Rawat Publications
11. Mohanty, M.
2011
India Social Development Report 2010 (Edited)
Oxford University Press
12. Pathak, S.
2013
Social Policy, Social Welfare and Social Development
Niruta Publications

SYLLABUS: SEMESTER 4

MSSW 408: HEALTH AND MENTAL HEALTH	
Course Credits: 04	
Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • To familiarise with the changing concept of health as an aspect of social development. • To orient learners to the field Medical & Psychiatric Social Work • Institutional and non-institutional structures & Role of Social Work 	
Unit No.	Course Contents
Unit I	Concept of Health, Well-Being and Disease
	<ul style="list-style-type: none"> ▪ Health: Meaning, Dimensions and Determinants ▪ <u>Social context of health</u>: culture, social structure, poverty, geographical factors ▪ <u>Important concepts</u>: public health, community health, preventive medicine, social medicine, community medicine. ▪ Concept of Communicable and Non-Communicable Diseases: etiology, prevention and treatment ▪ <u>Nutrition and deficiency disorders</u>: causes, prevention and control
Unit II	Medical Social Work
	<ul style="list-style-type: none"> ▪ <u>Medical social work</u>: concept, history, scope ▪ Organization and Management of social work department in Hospitals ▪ Approaches in medical social work, team work, community health ▪ Intervention strategies with individuals, groups, family and community ▪ Role in the hospital- prevention of disease, management of patients, participation in treatment and discharge planning ▪ Concept of Rehabilitation and Follow-up
Unit III	Mental Health
	<ul style="list-style-type: none"> ▪ <u>Psychiatric social work</u>: definition, evolution ,scope, components ▪ Concept of Mental Health ▪ <u>Neuroses and Psychoses</u>: signs, symptoms, diagnosis, prognosis and management – ICD 10, DSM V ▪ Substance Abuse and Effects ▪ Psycho-physiologic disorders, personality disorders, organic psychotic conditions, mental retardation
Unit IV	Legislative provisions for promotion of Mental Health
	<ul style="list-style-type: none"> ▪ Day Care Centers, Community Mental Health centers, Half-way homes, Sheltered Workshops, Occupational therapy units ▪ National Mental Health Programme, District Mental Health Programme ▪ Mental Health Act, 1987 ▪ The Persons with Disabilities (Equal Opportunities, Protection of Rights and Full Participation) Act, 1995.
Unit V	Social Work Intervention
	<ul style="list-style-type: none"> ▪ Role of social worker in the context of medical and social work ethics ▪ Role of Social Worker in Health and Mental Health ▪ Team work and Boundary Management in Health and Mental Health ▪ Social support strategies: event centered support groups and network centered interventions ▪ Working with child guidance clinic, palliative care patients, terminally ill patients,

Suggested Readings:

1. Park, K.
2011
Park's Textbook of Preventive and Social Medicine
Banarsidas Bhanot Publishers
2. Golightloy, M.
2012
Social work & Mental Health
Academic Foundation
3. French, L.M.
1940
Psychiatric Social Work
The Commonwealth Fund
4. Sutherland, J.D.
2003
Towards Community Mental Health
Routledge Publication
5. Bartlett
1961
Social work practice in the health field
National Association of social workers
6. Park, K.
1977
Social work with dying patients and the family
Columbia University Press
7. Mechanic, D.
1968
Medical Sociology- a selective view
Free Press
8. Bhattacharya, S.
2010
Social determinants of Health
Orient Blackswan
9. Zachariah, A.
2010
Towards a critical medical practice
Orient Blackswan
10. Moss
2012
Communication skills in Health and Social care
Sage Publications
11. WHO
2014
ICD 10
Optum360

MSSW 409: GENDER AND SOCIAL WORK	
Course Credits: 02 Maximum Marks: 50	
Objectives	
<ul style="list-style-type: none"> • Gender as a social construction. • Analysis of gender in socio- environmental and political context. • Current socio-legal protection and programmes for women • Emerging trends in gender and development: National and Global context 	
Unit No.	Course Contents
Unit I	Conceptual framework
	<ul style="list-style-type: none"> ▪ <u>Gender</u>: Concept, Sex and Gender ▪ Gender Socialization in Families ▪ Gender roles – Androgeny ▪ <u>Status of Women in India</u>: position and status of Women in Indian society and different religions ▪ <u>Theoretical Perspectives</u>: Psychoanalytic Perspectives on Gender, Feminism, Conflict theory, Functionalist perspective
Unit II	Gender analysis tools
	<ul style="list-style-type: none"> ▪ <u>Gender analysis tools (key concepts)</u>: Social Institutions and Gender Index (SIGI), Gender inequality Index, Gender Parity Index, Gender-related Development Index (GDI) ▪ International initiatives for women empowerment ▪ Role of women in economic development, Women and microfinance ▪ <u>Women’s participation in Political process</u>: Panchayati Raj and Urban governance ▪ Role of mass media and technology in women’s development
Unit III	Legal and rights perspective
	<p style="text-align: center;">Salient Features</p> <ul style="list-style-type: none"> ▪ Rights against discrimination: Human rights, Constitutional rights, Marital rights ▪ 73rd and 74th amendments to the Constitution of India ▪ Divorce, Maintenance, Adoption, Guardianship & Property Rights ▪ Social legislations relating to women (<i>Salient features</i>): Dowry Prohibition Act 1961, Immoral Traffic Prevention Act 1986, Commission of Sati (Prevention) Act 1987, Domestic Violence Act 2005, MTP & Prenatal diagnostic technique (PNDT) Act 1994, Indecent representation of women Act ▪ Protection to women under CRPC ▪ Laws related to women’s working conditions: Minimum wage act-1948, Equal remuneration Act-1960, Factories Act-1948, Juvenile Justice Act, Sexual harassment at work place Act, 2013

Suggested Readings:

1. Lingamurthy, N.
2007
Towards Gender Equality
Serials Publications
2. Domenelli, L.
2007
Women and community action
Rawat Publications
3. Price, L.S.
2009
Feminist Frameworks
Aakar Books
4. Kurane, A.
2012
Issues in women's development
Rawat Publications
5. Verma, S.
2010
Gender, HIV and Social work
Rawat Publications
6. Gandhi, A.
2006
Women's work health & empowerment
Aakar Books
7. Brenner, J.
2006
Women and politics of caste
Aakar Books
8. Radhakrishnan, S.
2012
Appropriately Indian
Orient Blackswan
9. Swaminathan, P.
2012
Women and Work
Orient Blackswan
10. Wadley, S.
2008
Wife, Mother, Widow
Orient Blackswan

MSSW 410: SOCIAL WORK WITH PERSONS WITH DISABILITY	
Course Credits: 02 Maximum Marks: 50	
Objectives	
<ul style="list-style-type: none"> • To make distinctive understanding of the theory and concepts related to Persons with Disability (PwD) • To gain insight into the emerging needs and problems of PwDs vis-à-vis services programmes for them • The nature of social work interventions with PwDs 	
Unit No.	Course Contents
Unit I	Person and Disability
	<ul style="list-style-type: none"> ▪ <u>Disability</u>: Causes, Assessment and Classification ▪ <u>Changes in the concepts of Disability</u>: Impairment-Handicap-Disability-Differently Abled ▪ <u>Incidence and Prevalence of Disability</u>: India and Global ▪ Needs and Challenges of Persons with Disability (PwD) ▪ <u>Models of Disability</u>: Charity Model, Bio-Medical Model, Functional Limitation Model, Social Model and Human Rights Model ▪ Concept of Universal Design and Universal Access ▪ Disability Etiquette
Unit II	Legislative Empowerments Overview
	<ul style="list-style-type: none"> ▪ Provisions in the Constitution of India for PwD ▪ <u>Legislations for PwD</u>: RCI Act (1992), PWD Act (1995), National Trust Act (1999) ▪ National Organisations, Policies, Programmes and Services for PwD in India ▪ Coverage of PwD in National Policies for Children, Health, Education, Women and Elderly ▪ <u>Disability Rights Movement</u>: Historical Perspective, Major National and International Milestones ▪ Disabled Peoples' Self Organisations ▪ Gender and Disability ▪ International Initiatives and UN Instruments on the Rights of PwD
Unit III	Preventive and Community Based Rehabilitation
	<ul style="list-style-type: none"> ▪ Prevention of Disabilities at Primary, Secondary and Tertiary Level ▪ Changing International and National Perspectives and Approaches to Rehabilitation ▪ Technology and Rehabilitation of PwD ▪ <u>Community Based Rehabilitation</u>: Meaning, Scope, Basic Principles and Strategies ▪ Identifying trades, need for vocational training, Planning for placements and developing marketing linkages for PwD ▪ Inclusion of PwD in Education, Employment and Community Activities ▪ Culturally Competent Social Work Services for Prevention and Rehabilitation of PwD

Suggested Readings:

1. RCI
2014
Disability Development in India
Kanishka Publishers
2. Verma, R.K. & Verma, P.
2014
Disability Perspective in Rehabilitation
Kanishka Publishers
3. Ranganathan, S.
2014
Dyslexia and other Learning Disabilities
Kanishka Publishers
4. Ghai, A.
2015
Rethinking Disability in India
Routledge
5. Pandey, B. & Chirinar, P.
2005
Disability and the Law
HRLN
6. Singh, D
2014
Disability & Special Needs: Dimensions and Perspectives
Kanishka Publishers
7. Ranganathan, S.
2014
Guidelines for Children with Special Educational Needs
Kanishka Publishers
8. Davis, L. (Eds)
2006
The Disability Studies Reader
Routledge
9. Dr. Hemlata
2014
Technology for Inclusion of Persons with Disability
Kanishka Publishers
10. Muralidharan, V.
2014
Mentally Retarded and Intellectually Disabled
Kanishka Publishers

MSSW 411: SOCIAL WORK WITH OLDER PERSONS	
Course Credits: 02 Maximum Marks: 50	
Objectives	
<ul style="list-style-type: none"> • To make distinctive understanding of the theory and concepts related to Older Persons • To gain insight into the emerging needs and problems of older persons vis-à-vis services programmes for them. • The nature of social work interventions with older persons 	
Unit No.	Course Contents
Unit I	Old Age
	<ul style="list-style-type: none"> ▪ <u>Defining Old Age</u>: Developmental, Biological, Social, Psychological and Cultural Perspectives ▪ Psychological and Sociological Theories of Ageing ▪ Demography of the Aged in India and its Implications ▪ Culturally competent social work practice for Active Aging and Well-Being
Unit II	Issues of Older Persons
	<ul style="list-style-type: none"> ▪ Social, Psychological, Health and Economic Issues of the Older Persons ▪ Changing Roles, Power and Status of Older Persons ▪ Family and Community Care giving for Older Persons
Unit III	Care and Interventions
	<ul style="list-style-type: none"> ▪ MWPC Act (2007), National Policy for Older Persons (1999) ▪ Government Welfare Programmes & Schemes for Older Persons ▪ Role of Not-for-Profit Organisations and Community Groups towards Older Persons ▪ Management of Institutional Geriatric Care Services ▪ Social Work Interventions in Hospice and Palliative Care

Suggested Readings:

1. Nair, T.K.
2010
Old Age in an Indifferent Society
Niruta Publications
2. Jones. I.R. et al.
2008
Ageing in and Indifferent Society
Polity Press
3. Patel, S. & Gandotra, V.
2011
Ageing: An Interdisciplinary Approach
Rawat Publications
4. Dandekar, K.
1996
The Elderly in India
SAGE Publications
5. Bali, A.P.
2001
Care of the Elderly in India: Changing Configurations
Indian Institute of Advanced Study
6. Giri, V.M.
2013
Status of Elderly Women in India: A Review
Gyan Publishing House
7. Liebig, P.S. & Rajan, S.I.
2003
An Aging India: Perspectives, Prospects, and Policies
Routledge
8. HelpAge India
2015
State of Elderly in India 2014
HelpAge India
9. Raj Publications
2012
Elder Law in India
Bhatia, S.
10. Bose, A.
2008
Growing Old in India
BR Publishing Corporation

MSSW 412: SUSTAINABLE DEVELOPMENT, ENVIRONMENT AND LIVELIHOODS

**Course Credits: 04
Maximum Marks: 100**

Objectives

- To understand the concept of development, sustainable development and environment protection
- To develop an insight into various linkages between social needs, problems, development issues, and policies.
- To explore the inter relatedness of human life, living organisms and environment

Unit No.	Course Contents
Unit I	Development
	<ul style="list-style-type: none"> ▪ Concept and definitions of development ▪ <u>History of development</u>: Feudalism, Capitalism, Socialism, Communism, Globalisation ▪ Theories of development ▪ Economic growth, Economic development and Social development ▪ Indicators of social development
Unit II	Sustainable Development
	<ul style="list-style-type: none"> ▪ Concept and definitions of sustainable development ▪ <u>History of sustainable development</u>: From struggle against poverty, illiteracy, environment, health to Millennium Development Goals ▪ Politics and issues in sustainable development ▪ Government programmes for sustainable development ▪ Ecology and environment: Definition & interlinkages ▪ Environment and Natural Resources
Unit III	Definition, Typology & Issues of Environmental Problems
	<ul style="list-style-type: none"> ▪ Interface between Development, sustainable development and Environment and ecology ▪ <u>Environmental degradation</u>: Causes and consequences; impact on marginalized groups and indigenous populations, Environment in the human rights perspective, Approaches of environmental conservation ▪ Creating awareness on Environment Development and its consequences ▪ Community-based environment actions ▪ Building Sustainable Communities
Unit IV	Environmental Concerns
	<ul style="list-style-type: none"> ▪ <u>Current Issues & Consequences of Environment</u>: Impact on Climate, Global Warming, Acid Rain, Green House Effect ▪ <u>Environmental Pollution</u>: Sources, Treatment, Prevention (Soil, Water, Air, Noise) ▪ <u>State of India's resources</u>: Land, water, air, forests, wildlife ▪ Unplanned urban growth and developmental projects
Unit V	Environmental Management and Development
	<ul style="list-style-type: none"> ▪ <u>Environment Protection in India</u>: Constitutional provisions, Policies and Programmes: Salient Features of Important Environmental Legislations ▪ Role of NGOs and People's Initiatives for Environment Protection ▪ Natural Resource Management, Common Property Resources, Traditional knowledge for environment protection ▪ Case studies of major environmental movements in India: Chipko Movement, 1973, The Silent Valley Project, 1978, Jungle Bachao Andolan, 1980s, Navdanya Movement, 1982, Development Alternatives, 1983, Narmada Bachao Andolan, 1985

Suggested Readings:

1. Charak, P. & Mohan, S.
2012
Women and Development
Primus Books
2. Das , R.C., Barul , J.K. Sahu , N.C. & Mishra ,M.K.
1998
The Environment divide: the Dilemma of Developing Countries.
Indus Publishing co.
3. Jana, M.M.
1991
Environmental Degradation and Developmental Strategies in India.
Ashish Publications.
4. Reid, D.E.
1995
Sustainable Development: An Introductory Guide.
Earthscan Publications.
5. Sheth , P.
1997
Environmentalism: Politics, Ecology and Development
Rawat Publications.
6. Wolpert L.
2007
Principles of Development
Oxford University Press
7. Egelston, Anne E
2013
Sustainable Development: A History
Springer
8. Kumar Hajira
2005
Social work and developmental issues.
Aakar books.
9. Ledwith Margaret
2006
Community development.
Rawat publication
10. Uma, M.
2007
Environmental Issues in India: a Reader
Longman

MSSW 413: CRIME, CRIMINOLOGY AND PENOLOGY	
Course Credits: 04 Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • To conceptualise criminology and penology. • To critically analyze various institutional and non-institutional correctional services. • To acquire practice skills in correctional setting. 	
Unit No.	Course Contents
Unit I	Crime and Criminology
	<ul style="list-style-type: none"> ▪ Criminology: Definition, Nature & Scope ▪ <u>Overview of Criminal Behavior Theories</u>: Classical and Neo-Classical Theories, Biological Theories, Psychogenic Theories, Social Learning Theories, Contemporary Theories and Feminist Theories ▪ <u>Delinquency</u>: Definition, Juvenile Delinquency ▪ <u>Social Deviance</u>: Concept and causes ▪ Concept of Crime, Social Defence and Penology ▪ <u>Modern Crimes</u>: Cyber Crimes- Frauds and Pornography, ▪ Sexual Harassment at work place, Rape, Incest, Acid Attack
Unit II	Institutional Correctional Services
	<ul style="list-style-type: none"> ▪ <u>Correctional Institutions for Juveniles</u>: Observation Home, Children Home, Juvenile Justice Board, Child Welfare Committee, Special Home and Borstal School ▪ Preventive programmes and methods of treatment of Juvenile Delinquency ▪ <u>Correctional Institutions for Women</u>: Vigilance Home, Protective Home and Open Prisons.
Unit III	Non-Institutional Correctional Services
	<ul style="list-style-type: none"> ▪ Community Based Programmes: Non-institutional Services - Adoption, Foster-Care, Sponsorship, Child Guidance, ▪ Family Counselling, Crisis Intervention Centres, Helplines, Neighbourhood and Mutual-Help groups. ▪ After care, intensive after care, reintegration and follow up
Unit IV	Criminal Justice System
	<ul style="list-style-type: none"> ▪ Criminal Justice System in India: Components, Processes and Perspectives-Police, Prosecution, Judiciary ▪ Prison Manuals (Salient Features) ▪ UN Standard Minimum Rules for treatment of prisoners and other standard settings ▪ Probation and Parole: Concept and Effectiveness ▪ Punishment: Meaning, aims, philosophy and theories of punishment ▪ Prisons: Types, Structure and Management; Types of prisoners Prison Reforms: Role of inquiry committees and commissions ▪ Concept of Open Prisons and Women's Prisons
Unit V	Crime Prevention
	<ul style="list-style-type: none"> ▪ <u>Crime Prevention</u>: Definition ▪ Primary, Secondary and Tertiary Crime prevention ▪ Role of Social Work in Prevention of crime and Juvenile Delinquency ▪ Role of Social Worker in Correctional Institutions ▪ Role of Social Work in Crime Prevention in Community setting and organizing Community Policing ▪ <u>Victim Services</u>: Programmes, Models and Role of Social Worker

Suggested Readings:

1. Ahuja, R.
2012
Criminology
Rawat Publications
2. Ahuja, R.
2014
Social Problems in India.
Rawat Publications
3. Akers, R. L & Sellers, C. S.
2004
Criminological Theories
Rawat Publications.
4. Bhattacharya, S.K.
2003
Social Defense-An Indian Perspective
Regency Publications
5. Bhattacharya, S. K.
2000
Juvenile Justice -An Indian Scenario
Regency Publications
6. Carter, R.M., Glasser, D. & Wilkins, L.T.
1984
Probation, Parole and Community Corrections
Prentice Hall
7. Chakrabarti, N. K.
1999
Institutional Corrections
Deep & Deep Publications.
8. Carney, L. P.
1980
Corrections, Treatment & Philosophy
Prentice Hall.
9. Deb, R.
1998
Criminal Justice
The Law Book Company Private Limited.
10. Paranjape, N.V.
2001
Criminology and Penology
Central Law Publications
11. Shah, S. P.
2014
Street Corner Secrets
Orient Blackswan Private Limited
12. Sharma, P. D.
1998
Criminal Justice Administration
Rawat Publications
13. Shah, G.
1999
Crime and Criminology
Anmol Publications Pvt
14. Siegel, L. J.
2000
Criminology
Wadsworth Thomson Learning
15. Siddique, A.
1993
Criminology-Problems and Perspectives
Eastern Book Company
16. Tripathy, P. C.
2000
Crime against Working Women
APH Publishing Company
17. Unnithan, N.P.
2013
Crime and Justice in India
Sage Publications

MSSW 414: DISSERTATION

Course Credits: 04
Maximum Marks: 100

Objectives

- To develop ability to conceptualise, formulate and conduct simple research projects.
- To develop ability for logical reasoning and critical analysis.
- To develop skills for use of library and documentation services for research.

Guidelines

1. Though Dissertation is scheduled in the Semester 4, the work process shall begin from the Semester 3.
2. The Department may propose a common area of research for all the students opting for Dissertation.
3. The student will be placed under the guidance of a faculty member for dissertation work. The student will be required to select area of the subject of his/her interest. Subsequently, the student is guided to prepare Questionnaire/interview schedule/ any other tools for systematic collection of data from a group of subjects.
4. The students have to do data collection during the vacation period between Semester 3 & 4.
5. After the completion of data collection, the student has to undertake data analysis.
6. The core content of the report may not be more than 100 typed pages and it should cover in general the following chapters.
7. General content outline of the dissertation:
 - I. Introduction
 - II. Review of Literature
 - III. Research Methodology
 - IV. Analysis and Discussion
 - V. Conclusion and Suggestions
 - VI. Bibliography and Appendices
8. One printed copy and one CD of the dissertation is to be submitted to the University for evaluation before the commencement of theory examination of semester 4.

INTER-DISCIPLINARY COURSES

MSSW 376: LIFE SKILL EDUCATION	
Course Credits: 04 Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • Provide orientation in life skills • Introduce concepts and approaches of learning through structured games • Impart knowledge of basic life skill for day to day living 	
Unit No.	Course Contents
Unit I	Education and Life Skills
	<ul style="list-style-type: none"> ▪ <u>Life Skill</u>: Definition and Importance ▪ <u>Life Skill</u>: Generic, Problem Specific and Area Specific ▪ <u>Pillars of Education</u>: Learning to Know, Learning to Do, Learning to Live Together, Learning to Be ▪ <u>Learning throughout Life</u>: Life Skills – Communication Skills, Critical Thinking, Creativity, Empathy
Unit II	Thinking Skills
	<ul style="list-style-type: none"> ▪ <u>Thinking</u>: Nature, Elements of Thought, Types of Thinking, Concept of Formation and Reasoning ▪ <u>Creative and Critical Thinking</u>: Definition, Nature and Stages ▪ <u>Problem Solving</u>: Definition, Steps in Problem Solving, Factors influencing Problem Solving ▪ <u>Decision Making</u>: Definition, Need, Process and Consequences, Models of Decision Making, Goal Setting
Unit III	Learning about Self
	<ul style="list-style-type: none"> ▪ <u>Assessment of Life Skill</u>: Confidence and Self-Esteem, Looking at Self, Knowing oneself through Self-Esteem Video, Planning for Personal Growth, Appreciating Individual and Cultural Differences, Values, Goals, Assessing Needs vs Wants, Goal Fixing, Rights and Responsibilities ▪ Dealing with life situations ▪ Avoiding Substance Abuse
Unit IV	Social and Negotiation Skills
	<ul style="list-style-type: none"> ▪ <u>Self-Awareness</u>: Definitions, Types of Self, Self-Concept, Body Image, Self-Esteem, Techniques for Self Awareness – Johari Window, SWOT Analysis ▪ <u>Empathy</u>: Sympathy, Empathy and Altruism ▪ <u>Effective Communication</u>: Definition, Functions, Models and Barriers ▪ <u>Interpersonal Relationship</u>: Definition and Factors affecting Relationships
Unit V	Coping Skills
	<ul style="list-style-type: none"> ▪ <u>Coping with Emotions</u>: Definition, Characteristics and Types, Classification – Wheel Model, Two-Dimensional Approach ▪ Strategies of Coping ▪ <u>Coping with Stress</u>: Definition, Stressors, Sources of Stress, General Adaptive Syndrome Model of Stress

Suggested Readings:

1. Baron, B., Baron, A.R. & Donn, B. 2003 Social Psychology
Prentice Hall
2. Myers, G. D. 2007 Social Psychology
Tata McGraw Hill
3. Nair, A. R. 2010 Life Skills Training for Positive Behaviour
RGNIYD
4. Santrock, W. J. 2006 Educational Psychology
Tata McGraw Hill
5. Hereford, Z. 2007 Essential Life Skills: A Guide for
Personal Development and Self- Realization
6. World Health Organization 1999 Partners in Life Skill Education: Conclusions from
a United Nations Inter-Agency Meeting
WHO
7. Stella, C. 2005 Critical Thinking Skills: Developing Effective
Analysis and Argument
Palgrave Macmillan Limited
8. Delors, J. 1997 Learning: The Treasure Within
UNESCO
9. Nair, A. R. 2010 Life Skills, Personality and Leadership
RGNIYD
10. UNESCO 2005 Quality Education and Life Skills: Darkar Goals
UNESCO

MSSW 476: COUNSELLING	
Course Credits: 04	
Maximum Marks: 100	
Objectives	
<ul style="list-style-type: none"> • To develop theoretical base for counselling theories. • To acquire skills and techniques of counselling • To develop knowledge about application of counselling in different settings. 	
Unit No.	Course Contents
Unit I	Conceptual framework
	<ul style="list-style-type: none"> ▪ <u>Counselling</u>: Definition, Professional nature, Historical development, Types. Counselling skills in institutional settings ▪ Qualities of a counsellor ▪ Ethical guideline
Unit II	Counselling Theories
	<ul style="list-style-type: none"> ▪ <u>Cognitive Therapies</u>: Psychoanalytic theory, Behavioural theory, REBT, Acceptance and commitment therapy (ACT), Cognitive analytic therapy (CAT) ▪ <u>Humanistic Therapies</u>: Reality theory, Existential therapy, Transactional analysis, Gestalt therapy, Person centered therapy, Solution-focused brief therapy, Psychosynthesis ▪ <u>Art as a Therapy</u>: Fine Arts and Performing Arts ▪ <u>Other Therapies</u>: Family system therapy, Multicultural and gender therapies, Group therapies, Psychosexual therapy, Mindfulness
Unit III	Counseling Process
	<ul style="list-style-type: none"> ▪ Purpose, Relationship establishment, focus on ethics ▪ Referred Problem, Defining the Problem, Psycho-social Factors causing the problem, Diagnosis and Planning Problem Solving Process. ▪ Counseling Program development and management ▪ Research for program improvement
Unit IV	Counselling Skills
	<ul style="list-style-type: none"> ▪ Communication skills ▪ Assessment skills using standardised tests ▪ Consultation skills ▪ Counselor as developmental consultant ▪ Role in prevention and wellness
Unit V	Area of Application
	<ul style="list-style-type: none"> ▪ <u>Family Settings</u>: Family and Marriage counseling, Gerontology counseling, Parenting counseling, Child and adolescent counselling ▪ <u>Individual counseling</u>: Educational counseling, Employment counseling, De-addiction counseling, HIV- Aids counseling, Stress management, Anxiety and depression ▪ Special population counseling- women, abuse victims, gays and lesbians, persons with disability, attempted suicide ▪ Use of information technology in counselling

Suggested Readings:

1. Ramkrishnan, P.K.
2013
Social work counseling
Black Prints
2. Gibson, R.K.
2008
Introduction to counseling and guidance
Pearson Prentice Hall
3. Prashantham, B. J.
1975
Indian Case Studies in Therapeutic Counselling
Christian Counselling Centre
4. Miller, S.
2012
Counselling Skill for Social Work
Sage Publications India Pvt. Limited
5. Riggel, S.
2012
Using Counselling Skills in Social Work
Sage Publications India Pvt. Limited
6. Rao, S.N.
1987
Counselling Psychology
Tata McGraw Hill Publishing Company
7. Gladding, S. T.
1996
Counselling: A Comprehensive Profession
Prentice Hall
8. Jones, R. N.
2013
Introduction to Counselling Skills
Sage Publications
9. Chung, R. & Bemak, F.
2012
Social Justice Counselling
Sage Publications
10. Biestek, F. B.
1957
Case Work Relationship
Loyola University Press



Department of Sociology & Social Work
Central University of Jammu
Jammu